



RECETA DE VERDURAS ESCOJA COMIDA SALUDABLE

Use vouchers at farmers markets and farm stands during the market season!

Use las recetas en los mercados agricultores y los puestos de granjas durante el verano.

Oregon

Cascade Locks: Cascade Locks Farmers Market:
Sundays, 10am -2pm, Wa Na Pa Street,
June 2nd-October 27th

Hood River: Hood River Farmers Market Saturdays,
9am – 1pm, 5th & Columbia Street, May 4th– Nov 23rd

Hood River Mobile Market: Fridays, 12-2 pm Hawks
Ridge, 8th and Pacific, Starting May 3rd

Odell: Mercado del Valle Farmers Market-
Thursdays, 4pm – 6pm Atkinson Dr. June 27, July 11 +
25, August 8 + 22, September 5 + 19

Parkdale: Mt. Hood Town Hall Farmers Market:
2nd Wednesdays, 4pm – 7pm, 6575 Hwy 35,
June-September

Mt. View Orchards: 6670 Trout Creek Ridge Road, July-
October

Kiyokawa Farm Stand: 5625 Hutson Road, July - October

Mosier: Mosier Farmers Market: Sundays,
10am – 2pm, First Street downtown Mosier,
June 9th –October 13th

The Dalles: The Dalles Farmers Market:
Saturdays, 9am – 1pm, Union & E. 5th Street,
June 8th– October 12th

Evan's Fruit Stand: 2416 E 2nd Street, Sunday –Friday,
10:30 am to 5:30 pm, June -October

Sandoz Farm Stand: 5755 Mill Creek Road, The Dalles
Wednesday - Saturday 11am - 6pm Sunday 11am - 4pm

The Dalles Mobile Market: Wednesdays 4-6pm, The
Dalles Senior Center, 1112 W 9th St, Starting May 8th

Washington

Klickitat: Klickitat Mercado de agricultores: el
segundo sabado del mes, 9:30-12,
Depot Park, junio-septiembre

Goldendale: Goldendale Mercado de agricultores:
los sabados, 9 – 2, Ekone Park, 4 de
mayo– 5 de octubre

Gunkel Orchards and Fruit Stand: 89
Maryhill Hwy, abierta cada dia, 8-6,
junio-octubre

Maryhill Fruit Stand and Orchard: 1
Hwy 97, abierta cada dia, 8-6, junio-
octubre

Lyle: Lyle Mobile Market: viernes, 4-6 Lyle
Activity Center, Hwy 14 & 3rd St,
empieza 3 de mayo

Stevenson: Stevenson Mercado de agricultores::
los sabados, 10 – 1, 167 Hwy 14, 8 de
junio – 12 de octubre

White Salmon: White Salmon Mercado de
agricultores: los martes, 4 – 7,
Rhinegarten Park, 11 de junio-17 de
septiembre

Preguntas: LLame al Gorge Grown Food Network,
(541) 490- 8567 or VeggieRx@gorgegrown.com

**Ayuda con transportacion: Llame (541) 386-4202 Hood
River or [http://www.gorgetranslink.com/transit-
wasco.html](http://www.gorgetranslink.com/transit-wasco.html)**

RECETA DE VERDURAS

ESCOJA COMIDA SALUDABLE

Use las recetas en los mercados agricultores y los puestos de granjas durante el verano.

Oregon

Cascade Locks: Mercado de agricultores:
Los Domingos, 10 -2, Wa Na Pa
Street, 2 de junio-27 de Octubre

Hood River: Mercado de agricultores:
Los Sabados, 9– 1, 5th & Columbia Street, 4 de Mayo– 23
de Nov

Hood River Mobile Market: Viernes, 12-2, Hawks Ridge,
8th and Pacific, empieza el 3 de mayo

Odell: Mercado del Valle Mercado de agricultores: Los
Jueves, 4 – 6, Atkinson Dr, 27 de junio, 11 y 25 de julio,
el 8 y 22 de agosto, 5 y 19 de septiembre

Parkdale: Mt. Hood Town Hall Mercado de
Agricultores, el Segundo Miercoles del mes, 4–
7, 6575 Hwy 35, junio-septiembre

Mt. View Orchards: 6670 Trout Creek Ridge Road, julio -
octubre

Kiyokawa Farm Stand: 5625 Hutson Road, julio- octubre

Mosier: Mosier Mercado de agricultores: los domingos,
10 – 2, First Street downtown Mosier, 9 de junio –13 de
octubre

The Dalles: The Dalles Mercado de agricultores:
Sabados, 9 – 1, Union & E. 5th Street,
8 de junio- 12 de octubre

Evan's Fruit Stand: 2416 E 2nd Street, los domingos a
viernes, 10:30 to 5:30, junio-octubre

Sandoz Farm Stand: 5755 Mill Creek Road, The Dalles
miercoles - sabados 11 – 6, domingos 11 - 4

The Dalles Mobile Market: miercoles, 4-6, The Dalles
Senior Center, 1112 W 9th St, mayo-noviembre

VEGGIE RX

HEALTHY FOOD FIRST

Use vouchers at farmers markets and farm stands during the market season!

Washington

Klickitat: Klickitat Summer Market: second
Saturday of the month, 9:30am-12pm,
Depot Park, June-September

Goldendale: Goldendale Farmers Market:
Saturdays, 9am – 2pm, Ekone Park,
May 4th– October 5th

Gunkel Orchards and Fruit Stand: 89
Maryhill Hwy, Open daily 8am -6pm,
June –October

Maryhill Fruit Stand and Orchard: 1
Hwy 97, Open daily 8am-6pm, June -
October

Lyle: Lyle Mobile Market: Fridays, 4pm-6pm
Lyle Activity Center, Hwy 14 & 3rd St,
Starting May 3rd

Stevenson: Stevenson Farmers Market: Saturdays,
10am – 1pm, 167 Hwy 14, June 8th –
October 12th

White Salmon: White Salmon Farmers Market:
Tuesdays, 4pm – 7pm, Rhinegarten
Park, June 11th – September 17th

Questions or Concerns: Please contact Gorge Grown Food Network,
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