

Regional Food Bank

# PROFILES

# 2018

A primer on the Oregon Food Bank Network



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# Introduction

The Oregon Food Bank Network distributes food, provides education, and advocates for public policy through 21 Regional Food Banks (RFBs) working in partnership with more than 1,300 Partner Agencies (PAs) and Program Sites. Our network delivery model is unique among the Feeding America national network of food banks. As a formal network, the 21 Regional Food Banks collaborate to leverage our collective resources, problem solve, and build regional capacity to effectively and equitably serve food insecure people throughout Oregon and Clark County, WA. Together, we are working to eliminate hunger and its root causes.

The following profiles provide a quick snapshot of the 21 Regional Food Banks as well as our statewide education and community food system programming.

The Regional Food Banks reflect the diversity of Oregon's urban and rural communities. Seven are independent non-profits, nine operate through Community Action Programs and five are operated by Oregon Food Bank. Some RFBs serve single counties and others cover vast multiple-county regions. While facilities,

staffing structure and funding varies dramatically from one area to another, each shares the same goal — to provide relief from hunger to the people in our communities.

This publication shows the strength and diversity of the combined Network. We collect food from a variety of sources, much of it coming into the distribution stream through the Partner Agencies that provide direct service to clients. Food is distributed using an allocation formula based on poverty and unemployment rates. Regional Food Banks and Partner Agencies also access an increasing supply of produce, and some purchase product to supplement donated streams as capacity allows.

In FY17/18, the reach of this network was great. Together, we received almost 98 million pounds of food for distribution to an estimated 855,000 people. Additionally, we came together to advocate for hunger relief, we engaged in community conversations and we expanded our network to new partners to offer food distributions and educational programming to clients in new ways.







**People facing hunger**  
(260,000 per month)

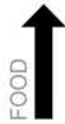


**Partner Agencies & Program Sites**  
(1300+)

Pantries (475)

Meal sites (190)

Supp. Programs (700)



**Regional Food Bank**  
(21)



**Oregon Food Bank**

20M pounds

**Donations (local)**  
from retailers, producers,  
farmers and individuals

39M pounds

**Donations (regional)**  
from retailers, producers,  
farmers and individuals

39M pounds

**Donations (statewide)**  
from retailers, producers,  
farmers and individuals

**USDA + TEFAP**

**Purchased Food**

**Feeding America**



# Where the Food Comes From

In order to supply clients with the key building blocks of a healthy diet, each member of our Network actively participates in food and fundraising activities. In fiscal year 2017-2018, about 60% of the food distributed in our service area was acquired by Regional Food Banks and Partner Agencies, while roughly 40% came through Oregon Food Bank's central warehouse. Food comes into the Oregon Food Bank Network through three streams: donated, USDA commodities, and purchased.



## Donated

The food industry provides more than half of the food we distribute, with 20% coming from grocery stores through the **Fresh Alliance** program. Since its inception in 2001, Fresh Alliance has diverted millions of pounds of food from waste and compost, and has been replicated by food banks across the country. Fresh Alliance partners include Fred Meyer, Albertsons, Safeway, Green Zebra, Market of Choice, 7-11, Natural Grocers, QFC, Ray's, Roth's IGA, Target, Cash & Carry, Thriftway, Walmart, Whole Foods, Winco, and Costco.

**Other food industry donors** contribute about 46% of the food. These partners include farmers, distributors, and manufacturers among others. With our focus on fresh, healthy foods and our rich agricultural heritage, virtually all network partners actively source fresh and frozen produce. We expect to distribute more than 15 million pounds of produce per year by 2019.

Another portion of donated food comes from **food drives**. These include large-scale efforts, such as the annual National Associa-

tion of Letter Carriers event, as well as smaller drives run by local organizations and businesses. We also welcome food donations from **individuals and families** who donate produce from their gardens or cans of food purchased at a local store.



## USDA

Oregon Food Bank holds the contract with Oregon's Department of Human Services (DHS) to allocate and distribute USDA commodities throughout Oregon through **The Emergency Food Assistance Program** (TEFAP), ensuring equitable access in every corner of the state. The allocation formula is based on the poverty and unemployment rate in each county with a small base to apportion slightly more food to less populated, rural communities. Oregon Food Bank staff work in conjunction with staff from Regional Food Banks to create sourcing targets for different types of healthy, staple foods. We then select foods from the USDA which are in alignment with our food procurement plan.



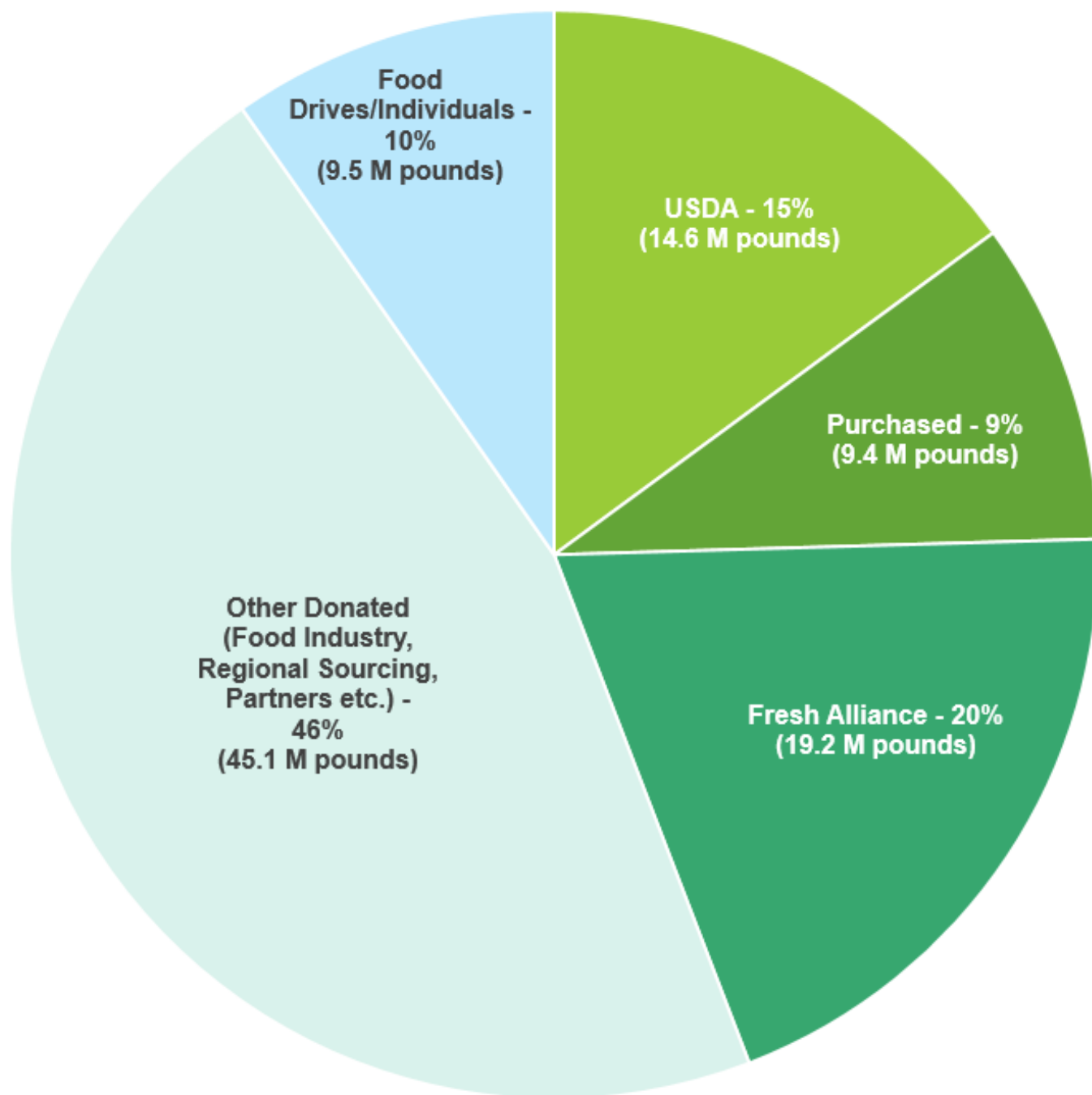
## Purchased

**Purchased** food fills in the gaps. Oregon Food Bank, Regional Food Banks and Partner Agencies use donated funds to purchase pantry staples and other high value items that aren't regularly donated. We leverage our purchasing power by buying food by the truckload to obtain lower costs. Some food is allocated to Regional Food Banks, and the rest is offered to Regional Food Banks and Partner Agencies at the wholesale rate (plus a small markup to help defray the costs of storage and transportation).

# Food Streams

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Pounds received by Oregon Food Bank, Regional Food Banks & Partner Agencies

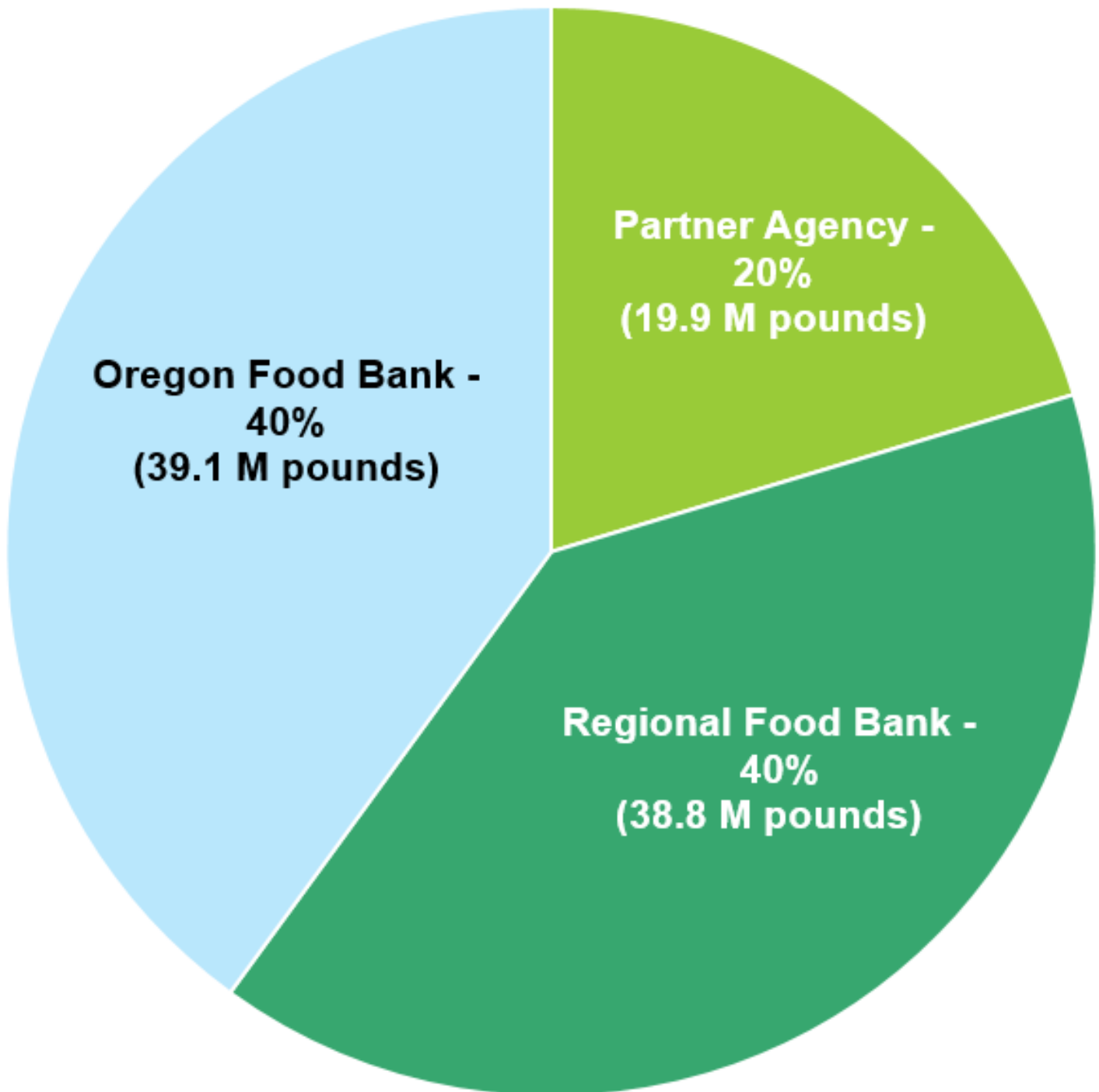


# Sources of Food

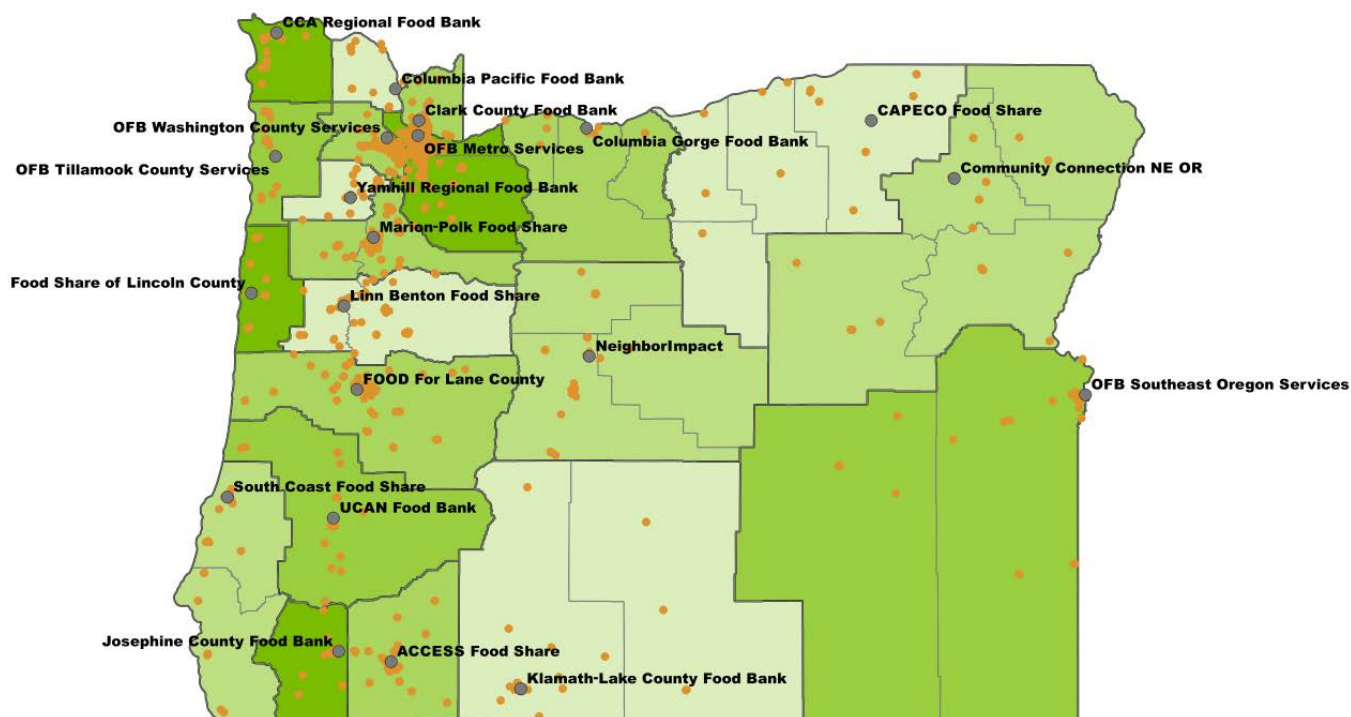
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Of the 97.8 million pounds of food sourced by the Oregon Food Bank network, 40% was acquired by Oregon Food Bank's statewide warehouse for network-wide distribution, 40% was acquired by the 21 Regional Food Banks (including OFB's branches) for regional distribution, and 20% was acquired by Partner Agencies for direct distribution to clients.

**Percent of Total Pounds Sourced by OFB, RFBs and Partner Agencies**







# Measuring Need

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As food banking has evolved and grown more sophisticated over time, so has the discussion of how to best estimate food insecurity and the need for food assistance in a given area. Feeding America, the national network of food banks, has focused on data-driven research and reporting in recent years, culminating in its Meal Gap mapping and data tools.

Feeding America developed this methodology with leading food insecurity researcher Dr. Craig Gunderson. It uses econometrics (a statistical regression equation) to build on the USDA's state-level food insecurity rate estimates by also weighting factors that the model has shown to be statistically significant contributors to food insecurity to produce estimates for each county in the U.S.

The factors that have been shown to have a positive correlation with food insecurity (those that increase the food insecurity rate) are: the unemployment and poverty rates and the percentage of people who are black. The factors that have been shown to have a negative correlation with food insecurity (decrease food insecurity) are: the homeownership rate, the median income, and the percentage of people who are Hispanic.

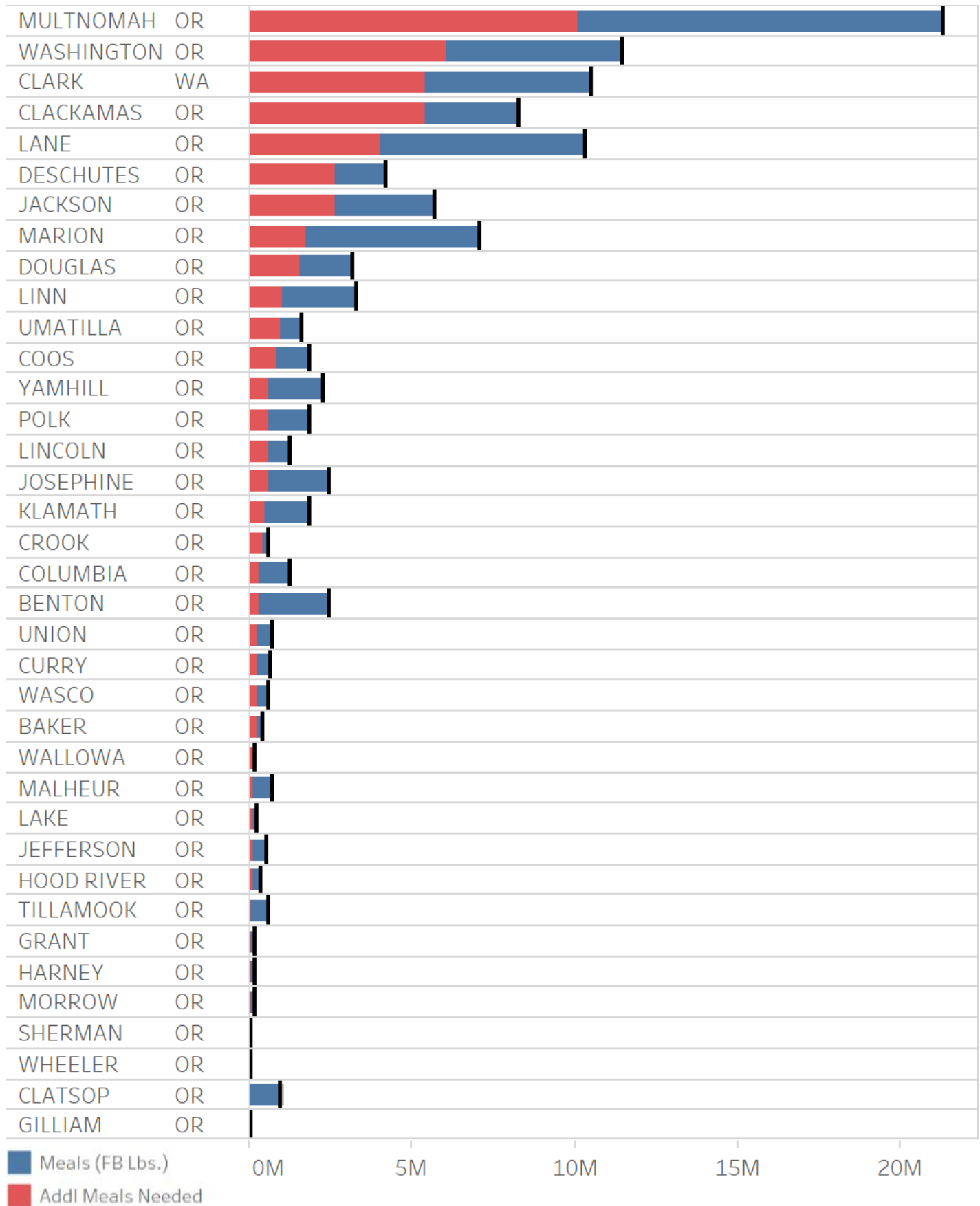
These factors are not exhaustive and there could be several reasons behind why a suspected contributor is not included in this model. For example, data on populations of smaller ethnic groups may not be available or may not be significant at the national

level, but may be significant in a given city. Also, a factor may be too closely connected to one already in the model to include (for example poverty rate and homelessness). Finally, the equation includes what statisticians call "fixed effects" for year and state. This helps control for fluctuations in the economy from year to year, and for differences between states that aren't observed (such as cultural attitudes about food assistance).

Feeding America also uses the USDA Current Population Survey responses to estimate a food budget shortfall, the average number of food insecure weeks per year, and the average cost of a meal. This shortfall is then converted in meals to arrive at the "meal gap."

When Feeding America speaks of "meeting the need," it refers to how much food must be distributed to "fill the gap" that is not covered by government nutrition programs like SNAP and School Lunch. This is calculated at the national, state, and county level, as well as for each Feeding America food bank service area. The current estimated meal gap for each county in the Oregon Food Bank Network of Regional Food Banks is shown on the next page.

# Meals Needed to Meet the Gap



Source: Feeding America, Map the Meal Gap 2018, Quarterly Pulse Reports (QPR) April 2017—March 2018.

# Education and Healthcare Partnerships

Education plays an important role in the health and well-being of individuals and communities. Gathering to meet new people with shared experiences builds important social connections, increasing a sense of belonging and confidence. Learning how to stretch your food dollar, cook healthy meals, and grow a portion of your own food is empowering for those who struggle with food insecurity.

The OFB Statewide Education and Outreach team is comprised of two primary programs, Seed to Supper™ and Cooking Matters®, and our Health Care Partnerships. Throughout our service area, our staff work with local partners to build capacity and increase skill-building resources using our Satellite Partnership model, and to develop relationships and projects with health care providers.

Oregon Food Banks's **Seed to Supper™** program, a partnership with OSU Extension, is a mobile garden education program that provides novice gardeners with the tools they need to successfully grow a portion of their own food on a limited budget. The program was developed with the recognition that many of the clients who access emergency food lack the knowledge or skills to grow their own food. Using curriculum and volunteer training materials that were developed in-house, the class is designed to empower participants with new life skills and help them stretch limited grocery budgets. We promote practical, low-cost gardening techniques and facilitate connections between new gardeners and the wealth of community resources available to them.

Cooking and nutrition education classes use curricula from **Cooking Matters**, a program of the national anti-hunger organization, Share Our Strength. Cooking Matters seeks to improve health and build self-reliance in community members at risk for food insecurity by partnering with volunteers and community organizations to provide training in practical skills including hands-on cooking, nutrition, food safety and budget shopping. These six-week courses teach the basics of food preparation, nutrition, and kitchen skills. An additional shopping course helps participants design grocery shopping strategies to maximize limited dollars while providing nutritious choices. Courses are offered as part of the state SNAP-Ed Plan in partnership with OSU Extension.

Our **Health Care Partnerships** work seeks to improve population health by partnering with health care providers and policy makers to screen for food insecurity in a clinical setting, connect food-insecure patients with available food and nutrition education resources, and work with health care and community partners to increase local food resources, food access, nutrition and gardening education for low income communities. This program has implemented Screen and Intervene in about 350 healthcare sites in 92% of Oregon counties. In addition, the program works with health care partners to connect patients to interventions such as food literacy education, Veggie Rx programs and produce distribution sites.



# Community Food Systems

A **food system** includes all of the steps, inputs, and relationships that take place between food production and consumption. A **community food system** is one where the parts and connections between them enhance the environmental, economic, and social health of a particular place. When a community's food system is organized, people become more connected, partnerships flourish, locally-relevant programs emerge, and the community becomes more resilient to social, economic, or environmental pressures. Ideally, this increased resiliency will lead to better supported farmers and farm workers, thriving local food businesses, greater access to quality, healthy food, better availability of family-wage jobs, and ultimately fewer people requiring food assistance.

At the local level, OFB's Community Food Systems (CFS) programming focuses on organizing communities through our FEAST conversation model (Food, Educations, Agriculture, Solutions Together), and coordinating grassroots community food systems development throughout rural Oregon in partnership with the Resource Assistance for Rural Environments (RARE) AmeriCorps program. In many of these communities, new community food systems organizations have started, or existing organizations have been strengthened as a direct result of this work.

Over the last three years, many community food system partners and other food-focused organizations have come together to form the Oregon Community Food Systems Network (OCFSN). The goal of OCFSN is to collectively achieve greater progress towards a shared food system vision where all Oregonians will have meaningful access to healthy affordable foods that are grown and pro-

cessed regionally in an environmentally and economically resilient food system that provides entrepreneurial opportunity and fulfilling livelihoods for employees through the supply chain.

OCFSN is comprised of seven working groups:

- **SNAP Match** incentive programming to increase low-income access to local food.
- **Veggie Rx** programming with healthcare providers to address food insecurity and improve health outcomes for patients with diet related disease.
- **Access to land** for new and expanding small farmers.
- **Wholesale market development** to increase the flow of local food to retail and institutional buyers.
- **Beginner Farmer and Rancher** support for the next generation of producers.
- **Diversity Equity and Inclusion** support to embed equity across the CFS network and help members build more inclusive and equitable policies in their own work.
- **Policy** advocacy support for policies and legislation impacting food producers and farmers.

Several RFBs are members of OCFSN, and Oregon Food Bank provides "backbone" support to this collective impact effort.





# Community Action Partnership Agencies

Nine of the regional food banks in the network operate within a local Community Action Partnership agency (CAP). Community Action Partnership of Oregon (CAPO) is part of the Community Action Network, a national network made up of more than 1,100 local, private, non-profit and public agencies working to alleviate and eliminate poverty.

The vast majority of these agencies are Community Action Agencies (CAAs) created through the Economic Opportunity Act of 1964. CAAs were the first social service agencies to involve lower-income people as members of their Boards of Directors to help set policies, design programs and evaluate services intended to reduce or eliminate the causes and conditions of poverty.

Each CAA uses a community-based needs assessment to develop advocacy and service priorities to provide the most relevant, most effective services for its own community. Located in the areas of greatest need, local CAAs offer an extremely wide variety of programs that serve low-income children, families, and seniors. This community-based approach, in conjunction with the statewide network of CAPO members and resources, creates a unique and effective system for fighting poverty in Oregon.

## Services Offered by Community Action Agencies:

*Note: not all services are provided by all CAPs*

- Affordable Housing Development
- Child Care
- Commodity Distribution
- Community Development
- Domestic Violence Victims Assistance
- Economic Development
- Emergency Food & Shelter
- Employment Training
- Energy Assistance (LIHEAP)
- Family Shelters
- Food Banks
- Head Start
- Homeless Shelters
- Housing Rehabilitation
- Information & Referral Service
- In-Home Care
- Migrant/Farm worker Service
- Second Chance Renters Program
- Self-Help Programs
- Self-Sufficiency Programs
- Transitional Housing
- Transportation
- Weatherization

# Operational Capacity

RFB	Total Pounds Distributed	FTE	Warehouse Size (ft <sup>2</sup> )	Annual Budget	Type of Organization
<b>Coastal</b>					
CCA Regional Food Bank	1,065,000	3.5	4,000	\$337,500*	CAP
Food Share of Lincoln County	749,000	4.8	2,350	\$350,000	Independent
OFB - Tillamook County Services	629,039	3	4,900	\$318,952	OFB Branch
South Coast Food Share	1,777,300	4.5	10,000	\$659,747	CAP
<b>Coastal Region Averages</b>	<b>1,055,085</b>	<b>4</b>	<b>5,313</b>	<b>\$416,550</b>	
<b>Northern Willamette Valley</b>					
Clark County Food Bank	5,931,000	16	17,600	\$1,955,176	Independent
Columbia Pacific Food Bank	1,189,200	3.25	2,500	\$340,047	Independent
OFB - Metro Services	17,378,228	24	20,572	\$1,981,557	OFB Branch
OFB - Washington County Services	6,612,643	16	9,254	\$1,365,851	OFB Branch
YCAP Regional Food Bank	1,977,800	6.75	5,200	\$534,700	CAP
<b>Northern Willamette Valley Averages</b>	<b>6,617,774</b>	<b>13.2</b>	<b>11,025</b>	<b>\$1,235,466</b>	
<b>Southern Willamette Valley</b>					
FOOD For Lane County	7,510,200	60.6	16,764	\$5,258,870	Independent
Linn Benton Food Share	5,117,200	8.3	8,400	\$2,441,271*	CAP
Marion-Polk Food Share	8,584,600	56.4	16,790	\$4,905,185	Independent
<b>Southern Willamette Valley Averages</b>	<b>7,070,667</b>	<b>41.8</b>	<b>13,985</b>	<b>\$4,201,775</b>	
<b>Gorge &amp; Central Oregon</b>					
Columbia Gorge Food Bank	774,868	2	2,000	\$286,228	OFB Branch
NeighborImpact	2,445,900	6.9	2,200	\$614,657	CAP
<b>Gorge &amp; Central Oregon Averages</b>	<b>1,610,384</b>	<b>4.45</b>	<b>2,100</b>	<b>\$450,442</b>	
<b>Eastern Oregon</b>					
CAPECO Food Share	1,066,700	3.25	8,624	\$780,000*	CAP
Community Connection of NE Oregon	984,100	2.3	1,860	\$268,030	CAP
OFB - Southeast Oregon Services	836,325	3	5,700	\$328,776	OFB Branch
<b>Eastern Oregon Averages</b>	<b>962,375</b>	<b>3</b>	<b>5,395</b>	<b>\$458,935</b>	
<b>Southern Oregon</b>					
ACCESS Food Share	3,595,900	10.5	5,000	\$946,808	CAP
Josephine County Food Bank	2,124,200	7.5	9,990	\$590,000	Independent
Klamath-Lake Counties Food Bank	1,890,100	7	7,600	\$535,000	Independent
UCAN Food Bank	1,872,600	4.65	8,700	\$533,970	CAP
<b>Southern Oregon Averages</b>	<b>2,370,700</b>	<b>7</b>	<b>7,823</b>	<b>\$651,445</b>	
<b>Network Averages / Totals</b>					
<b>All 21 RFBs Averages</b>	<b>3,529,138</b>	<b>12.24</b>	<b>8,095</b>	<b>\$1,206,300</b>	
<b>All 21 RFBs Totals</b>	<b>74,111,903</b>	<b>254.2</b>	<b>170,004</b>	<b>\$25,332,325</b>	

\*Annual budgets for CCA Regional Food Bank, Linn Benton Food Share, and CAPECO Food Share are estimates based prior years.

# Service Statistics

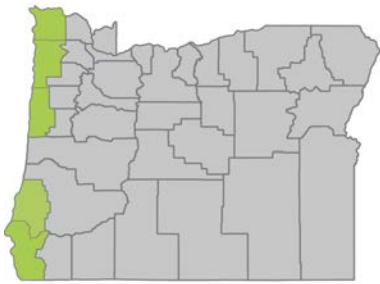
Regional Food Bank	Food Insecure Individuals	Pounds / Food Insecure	Pantry Visits Per Year	Individuals served by pantries (monthly estimate)
<b>Coastal</b>				
CCA Regional Food Bank	5,060	210	14,000	3,300
Food Share of Lincoln County	6,940	108	12,900	2,400
OFB - Tillamook County Services	3,250	194	11,500	3,400
South Coast Food Share	13,080	136	39,300	11,500
<b>Coastal Region Subtotals</b>	<b>28,330</b>	<b>162</b>	<b>77,700</b>	<b>20,600</b>
<b>Northern Willamette Valley</b>				
Clark County Food Bank	55,980	106	93,800	20,100
Columbia Pacific Food Bank	6,680	178	11,600	2,400
OFB - Metro Services	157,080	111	296,300	71,800
OFB - Washington County Services	61,120	108	91,700	26,900
YCAP Regional Food Bank	12,190	162	21,700	5,500
<b>Northern Willamette Valley Subtotals</b>	<b>293,050</b>	<b>133</b>	<b>515,100</b>	<b>126,700</b>
<b>Southern Willamette Valley</b>				
FOOD For Lane County	55,370	136	119,400	20,400
Linn Benton Food Share	30,750	166	43,200	10,700
Marion-Polk Food Share	47,470	181	107,900	33,200
<b>Southern Willamette Valley Subtotals</b>	<b>133,590</b>	<b>161</b>	<b>270,500</b>	<b>64,300</b>
<b>Gorge &amp; Central Oregon</b>				
Columbia Gorge Food Bank	5,220	148	12,600	3,000
NeighborImpact	28,340	86	37,900	9,200
<b>Gorge &amp; Central Oregon Subtotals</b>	<b>33,560</b>	<b>117</b>	<b>50,500</b>	<b>12,200</b>
<b>Eastern Oregon</b>				
CAPECO Food Share	10,160	105	21,900	4,500
Community Connection of NE Oregon	8,470	116	12,400	2,300
OFB - Southeast Oregon Services	4,950	169	11,100	3,200
<b>Eastern Oregon Subtotals</b>	<b>23,580</b>	<b>130</b>	<b>45,400</b>	<b>10,000</b>
<b>Southern Oregon</b>				
ACCESS Food Share	29,900	120	33,700	7,100
Josephine County Food Bank	13,120	162	56,500	8,400
Klamath-Lake Counties Food Bank	11,000	172	17,700	3,200
UCAN Food Bank	16,490	114	35,700	9,300
<b>Southern Oregon Subtotals</b>	<b>70,510</b>	<b>142</b>	<b>143,600</b>	<b>28,000</b>
<b>Network Totals</b>				
<b>All 21 RFBs</b>	<b>582,620</b>		<b>1,102,800</b>	<b>261,800</b>

- Food Insecure Individuals = total number of food insecure individuals in the RFB service area, according to Feeding America, Map the Meal Gap 2018.
- Pounds / Food Insecure = the total RFB and Partner Agency pounds distributed divided by the total number of food insecure individuals in the RFB service area.
- Pantry Visits per Year = total duplicated number of household visits to 1A pantries in FY1718.

# Partner Agency Network

Regional Food Bank	Pantries (1A)	Congregate Meal Sites (1B)	Supplemental Programs (2As, 2Bs,	Sites Operated by Food Bank (2Ds)	Total Food Assistance Sites
<b>Coastal</b>					
Food Share of Lincoln County	6	3	5	6	20
OFB - Tillamook County Services	8	6	11	7	32
CCA Regional Food Bank	10	3	5	7	25
South Coast Food Share	16	5	7	19	47
<b>Coastal Region Subtotals</b>	<b>40</b>	<b>17</b>	<b>28</b>	<b>39</b>	<b>124</b>
<b>Northern Willamette Valley</b>					
Columbia Pacific Food Bank	5	2	9	9	25
YCAP Regional Food Bank	14	6	6	7	33
Clark County Food Bank	19	7	14	3	43
OFB - Washington County Services	49	22	16	14	101
OFB - Metro Services	117	46	68	24	255
<b>Northern Willamette Valley Subtotals</b>	<b>204</b>	<b>83</b>	<b>113</b>	<b>57</b>	<b>457</b>
<b>Southern Willamette Valley</b>					
Linn Benton Food Share	22	16	31	0	69
FOOD For Lane County	32	25	70	112	239
Marion-Polk Food Share	47	18	17	45	127
<b>Southern Willamette Valley Subtotals</b>	<b>101</b>	<b>59</b>	<b>118</b>	<b>157</b>	<b>435</b>
<b>Gorge &amp; Central Oregon</b>					
Columbia Gorge Food Bank	9	1	12	4	26
NeighborImpact	12	7	28	4	51
<b>Gorge &amp; Central Oregon Subtotals</b>	<b>21</b>	<b>8</b>	<b>40</b>	<b>8</b>	<b>77</b>
<b>Eastern Oregon</b>					
CAPECO Food Share	14	1	1	4	20
OFB - Southeast Oregon Services	14	5	8	6	33
Community Connection of NE Oregon	18	1	1	12	32
<b>Eastern Oregon Subtotals</b>	<b>46</b>	<b>7</b>	<b>10</b>	<b>22</b>	<b>85</b>
<b>Southern Oregon</b>					
Josephine County Food Bank	7	3	13	3	26
Klamath-Lake Counties Food Bank	15	2	8	16	41
UCAN Food Bank	15	8	20	3	46
ACCESS Food Share	25	3	28	10	66
<b>Southern Oregon Subtotals</b>	<b>62</b>	<b>16</b>	<b>69</b>	<b>32</b>	<b>179</b>
<b>Network Totals</b>					
<b>All 21 RFBs</b>	<b>474</b>	<b>190</b>	<b>378</b>	<b>315</b>	<b>1,357</b>

# Coastal Region

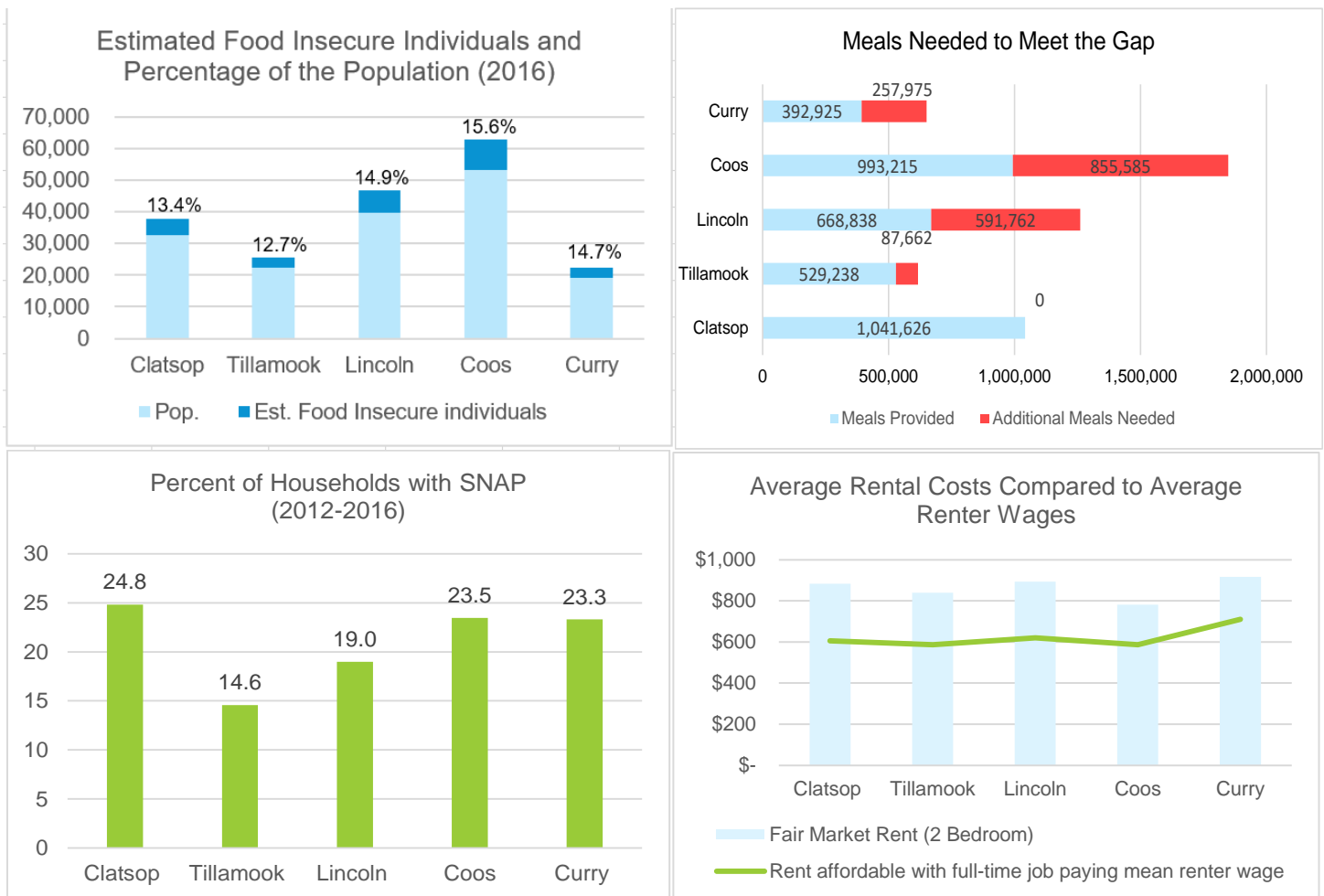


Although Oregon's coastal communities are incredibly varied from Astoria to Brookings, both tourism and the fisheries remain integral to the local economies. Oregon is home to two of the nation's largest ports, Astoria and Newport, where fishers bring in Dungeness crab, tuna, salmon, rockfish, pink shrimp, and oysters to name a few. The South Coast is also a top producer of cranberries and forestry products.

The following pages showcase some program highlights from our partnerships as well as a handful of key economic and food security indicators.

## Key Indicators

Like in much of the state, a shortage of affordable housing in coastal communities impacts the people we serve. As reflected in the food insecurity rate, economic recovery from the recession has been somewhat uneven along the coast. Rates remain persistently high in Lincoln, Coos and Curry Counties.



*\*\*"Affordable" rents represent the generally accepted standard of spending no more than 30% of gross income on gross housing costs.*

Sources (Clockwise): Feeding America, Map the Meal Gap 2018; Feeding American Quarterly Pulse Report Q2 2017-Q1 2018; FRAC analysis of 5-year 2012-2016 American Community Survey data, in collaboration with Punam Ohri-Vachaspati, PhD, RD, Professor, Arizona State; National Low Income Housing Coalition, Out of Reach 2018.



## Fighting Hunger Spotlight: Tillamook Food Roots

Food Roots aims to strengthen the Tillamook County food system by supporting farm to school and gardening programs, cultivating local farm and food businesses including facilitating savings accounts for entrepreneurs, and increasing access to local food.

Since its founding in 2006, Food Roots has been a strong partner of Oregon Food Bank –Tillamook County Services and the entire Oregon Food Bank Network, including as a convener for community food systems organizing efforts in the region, and as a host partner of Seed to Supper gardening courses. In the past four years nearly 150 beginning gardeners have completed the Seed to Supper course.

This spring Food Roots expanded its innovative FarmTable consignment farm stand, which began as a booth at the Tillamook Farmers market, to a year-round operation by securing a storefront in downtown Tillamook. FarmTable provides an entry point for small-scale growers and entrepreneurs to sell their products including produce, honey, eggs, cheese, meat, seafood, teas, and other goods. The store also now accepts SNAP benefits and checks from the Farm Direct Nutrition program for low-income seniors.



*Food Roots' FarmTable consignment farm stand opened a year-round store in Tillamook this year. The store features products from local small-scale growers and recently began accepting SNAP and Farm Direct Nutrition Program checks. Photo courtesy of Food Roots.*

## Statewide Education Programs and Partnerships:

Our Statewide Education and Community Food Systems teams depend on strong local partners to ultimately achieve our shared goals of building skills and strengthening community connections. Each year these partners help us administer and host cooking, nutrition and gardening classes, community conversations, and develop health care partnerships including food insecurity screening at clinics and deeper interventions such as produce prescription programs or on-site pantries.

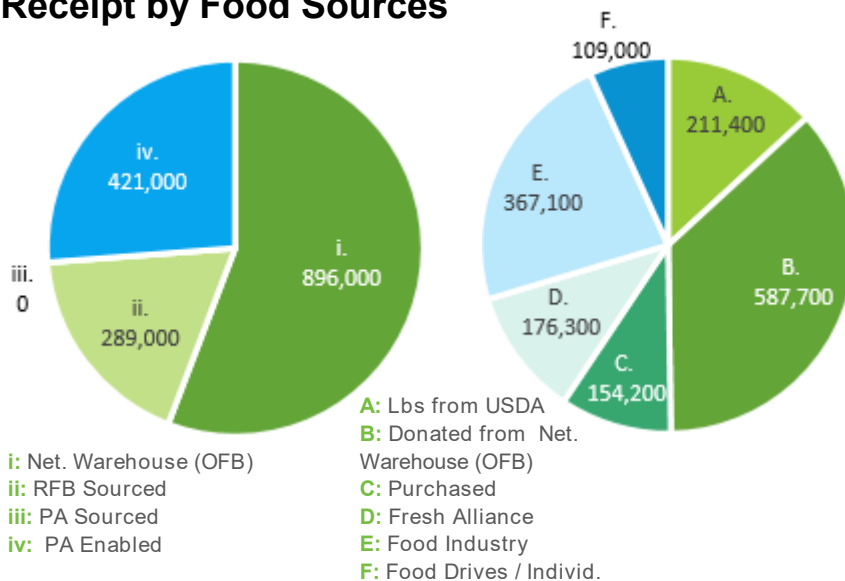
County	Health Care Partnerships (# of facilities / # of deeper interventions)	Cooking Matters (# of courses/ # of participants)	Seed to Supper (Garden Education) (# of courses / # of participants)	Community Food Systems (FEAST) (# of community FEASTs or conversations since 2009 (OFB))
Clatsop	4 / 0		2 / 12	2
Tillamook	5 / 1	2 / 23	3 / 66	3
Lincoln	20 / 9	13 / 136		2
Coos	10 / 1	2 / 22		6
Curry	8 / 1			4

# CCA Regional Food Bank

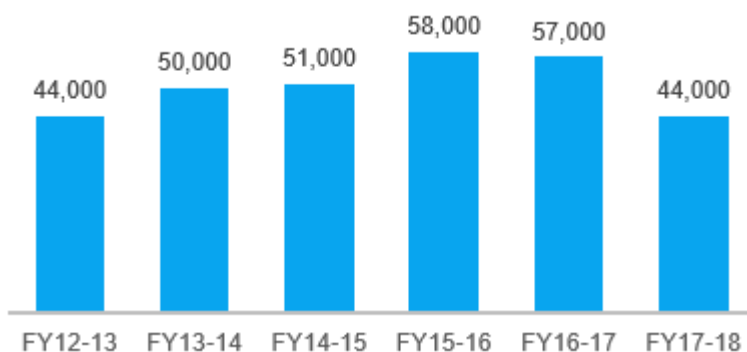


Our Mission is to help people meet housing, food, and other basic living needs. Pictured: Kids take a break during the annual carrot harvest at the Food Bank's on-site farm.

## Receipt by Food Sources



## Individuals served annually (duplicated)



All data based on  
FY 2017-18

Counties served: Clatsop  
ccaservices.org 503.861.3663  
CAP Agency  
Allocation (% of Network): 0.79%

## Operational capacity

Warehouse ft <sup>2</sup>	4,000
Freezer ft <sup>2</sup>	480
Cooler ft <sup>2</sup>	400
Refrigerated trucks	2
Other vehicles	1

## Organization capacity

FTE	3.5
Annual budget	\$325,000- \$350,000
Volunteer hours donated	2,936

## Partner Agency Network

Pantries	10
Meal Sites/Shelters	3
Supplemental agencies and programs	12
Total (% of Network)	25 (1.8%)

## Distribution

Total pounds distributed	1,065,000
(% of Network)	(1.4%)

## Fresh Alliance stores

Total	6
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## Programs run by the food bank

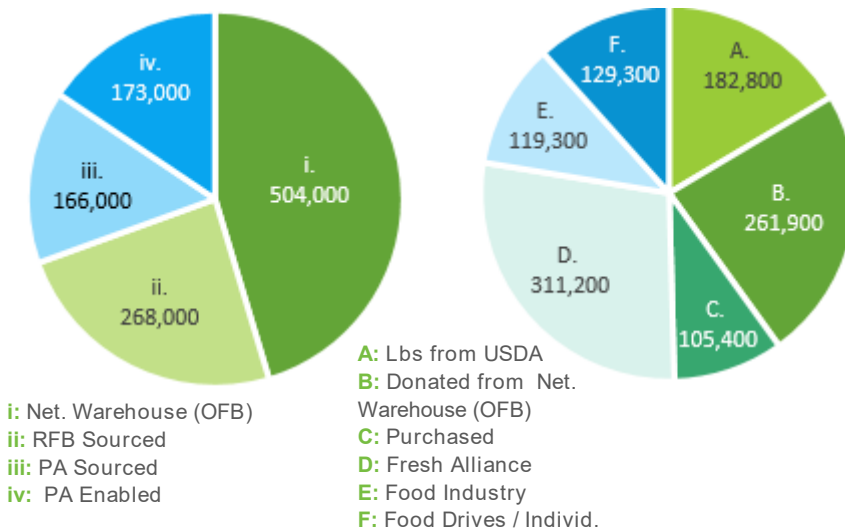
	Produce distributions	✓
	Mobile pantry	
	Gardens or gardening classes	✓
	Cooking or nutrition	✓
	Advocacy activities	✓

# Food Share of Lincoln County

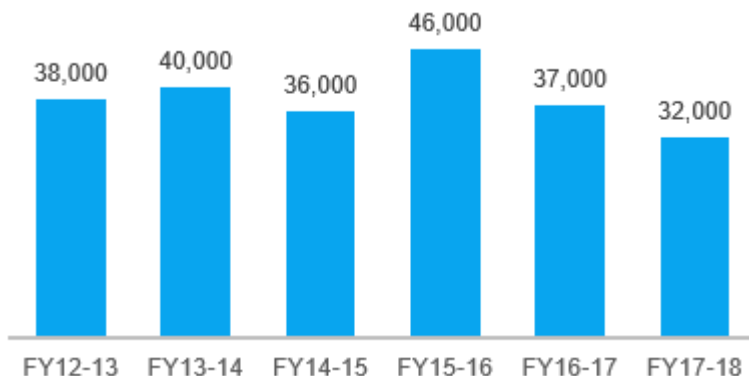


Food Share of Lincoln County is committed to creating a future without hunger, where access to healthy food is recognized as fundamental to the well-being and success of individuals, and the foundation of a strong, vibrant community. Pictured: A volunteer at a produce distribution.

## Receipt by Food Sources



## Individuals served annually (duplicated)



All data based on  
FY 2017-18

Counties served: Lincoln  
[foodshareoflincolncounty.org](http://foodshareoflincolncounty.org)  
 541.265.8578  
 Independent Agency  
 Allocation (% of Network): 1.28%

## Operational capacity

Warehouse ft <sup>2</sup>	2,350
Freezer ft <sup>2</sup>	143
Cooler ft <sup>2</sup>	143
Refrigerated trucks	0
Other vehicles	1

## Organization capacity

FTE	4.8
Annual budget	\$350,000
Volunteer hours donated	2,203

## Partner Agency Network

Pantries	6
Meal Sites/Shelters	3
Supplemental agencies and programs	11
Total (% of Network)	20 (1.5%)

## Distribution

Total pounds distributed	749,000
(% of Network)	(1%)

## Fresh Alliance stores

Total	6
-------	---

## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	
	Gardens or gardening	
	Cooking or nutrition	✓
	Advocacy activities	✓



# OFB-Tillamook County Services

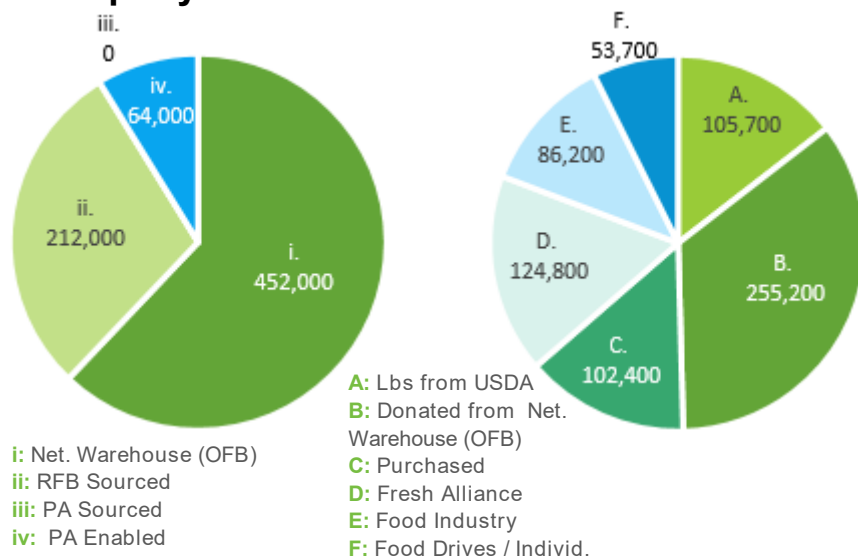


All data based on  
FY 2017-18

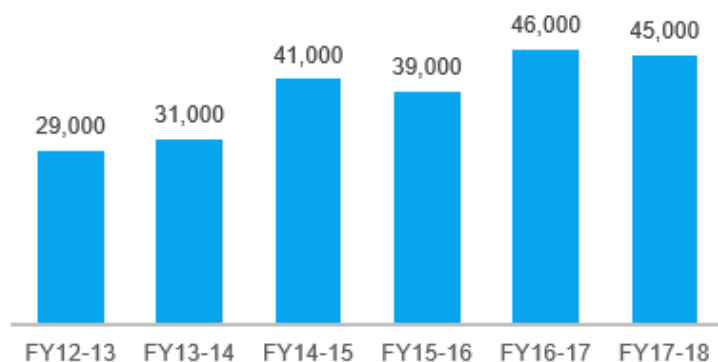


Oregon Food Bank Tillamook County Services, and its local network of over 30 Partner Agencies and Programs, focus on serving underserved areas and populations throughout Tillamook County. We work collaboratively with the community to provide services for all people experiencing hunger in our county, especially children and senior citizens, and provide access to food at various times and locations throughout the county.

## Receipt by Food Sources



## Individuals served annually (duplicated)



Counties served: Tillamook  
oregonfoodbank.org 503.842.3154  
Branch of Oregon Food Bank  
Allocation (% of Network): 0.58%

## Operational capacity

Warehouse ft <sup>2</sup>	4,900
Freezer ft <sup>2</sup>	224
Cooler ft <sup>2</sup>	128
Refrigerated trucks	1
Other vehicles	0

## Organization capacity

FTE	3
Annual budget	\$318,952
Volunteer hours donated	200

## Partner Agency Network

Pantries	8
Meal Sites/Shelters	6
Supplemental agencies and programs	18
Total (% of Network)	32 (2.4%)

## Distribution

Total pounds distributed	629,039
(% of Network):	(0.8%)

## Fresh Alliance stores

Total	2
-------	---

## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	✓
	Gardens or gardening	
	Cooking or nutrition	
	Advocacy activities	✓

# South Coast Food Share



All data based on  
FY 2017-18

Counties served: Coos, Curry  
orca.us 541.435.7080  
CAP Agency  
Allocation (% of Network): 2.19%

## Operational capacity

Warehouse ft <sup>2</sup>	10,000
Freezer ft <sup>2</sup>	1,413
Cooler ft <sup>2</sup> :	600
Refrigerated trucks	3
Other vehicles	0

## Organization capacity

FTE	4.5
Annual budget	\$659,747
Volunteer hours donated	2,502

## Partner Agency Network

Pantries	16
Meal Sites/Shelters	5
Supplemental agencies and programs	26
Total (% of Network)	47 (3.5%)

## Distribution

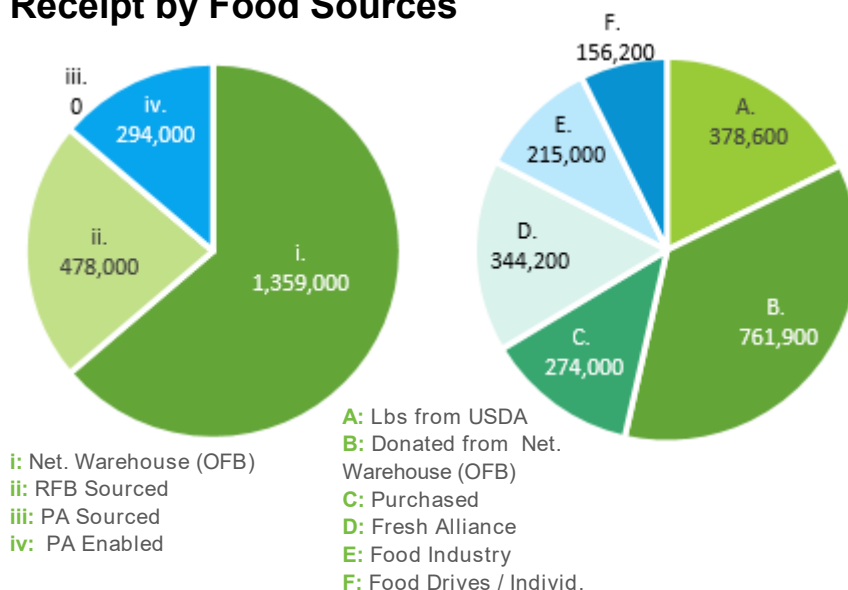
Total pounds distributed	1,777,300
(% of Network):	(2.40%)

## Fresh Alliance stores

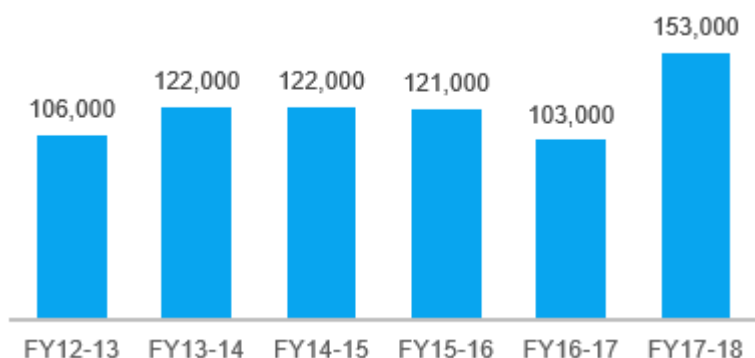
Total	11
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South Coast Food Share (SCFS) is a program of Oregon Coast Community Action; serving communities in Coos and Curry Counties through partnerships and programs such as Snack Pack, school pantries, emergency food pantries, meal sites, and more. SCFS launched its first produce only distributions in 2018 in an effort to expand access to nutritious food!

## Receipt by Food Sources



## Individuals served annually (duplicated)

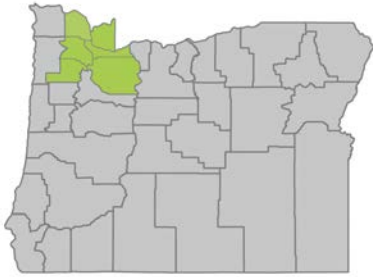


## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	
	Gardens or gardening	
	Cooking or nutrition	✓
	Advocacy activities	✓



# Northern Willamette Valley Region



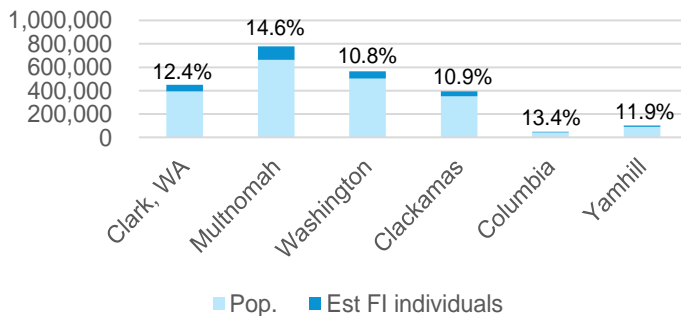
The bulk of Oregon's population (more than 2.3 million people) is centered around the Portland metro area in the Northern Willamette Valley. More and more people are flocking to the metro area each year. The Urban Institute projects that the metro area's population will grow by nearly 20 percent between 2010 and 2030.

The following pages showcase some program highlights from our partnerships as well as a handful of key economic and food security indicators.

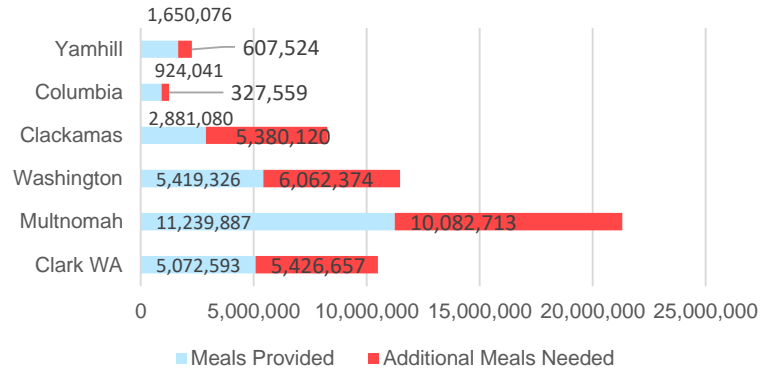
## Key Indicators

Food insecurity rates vary considerably across the Portland Metro area both from county to county and neighborhood by neighborhood. Portland's rapid growth has also meant that rising rents and displacement are a principle concern to many people we serve. The Fair Market Rent for a two-bedroom apartment in the metro area is currently \$1,330 a month, and many tenants pay 50 percent or more of their income in rent, according to a report from the National Low Income Housing Coalition.

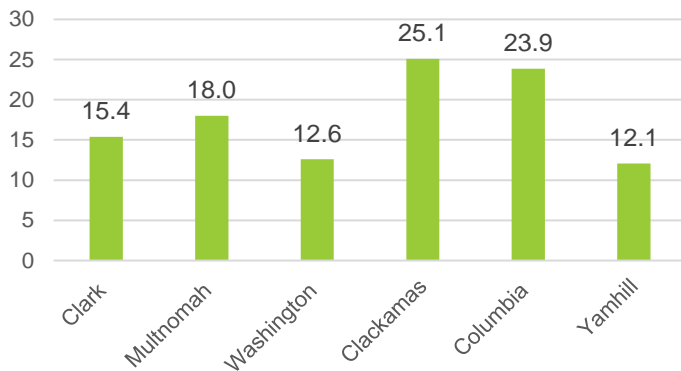
Estimated Food Insecure Individuals and Percentage of the Population (2016)



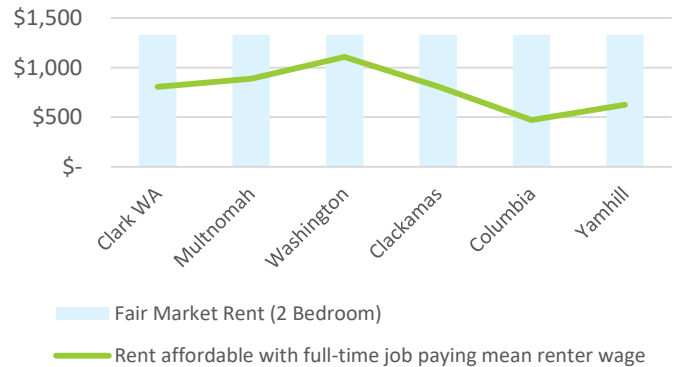
Meals Needed to Meet the Gap (Feeding America 2018, QPR Q2 2017-Q1 2018)



Percent of Households with SNAP (2012-2016)



Average Rental Costs Compared to Average Renter Wages



\*\*\*"Affordable" rents represent the generally accepted standard of spending no more than 30% of gross income on gross housing costs.

Sources (Clockwise): Feeding America, Map the Meal Gap 2018; Feeding American Quarterly Pulse Report Q2 2017-Q1 2018; FRAC analysis of 5-year 2012-2016 American Community Survey data, in collaboration with Punam Ohri-Vachaspati, PhD, RD, Professor, Arizona State; National Low Income Housing Coalition, Out of Reach 2018.

## Fighting Hunger Spotlight: Seed to Supper Ambassadors

This year with the assistance of a Bill Emerson National Hunger Fellow, Seed to Supper developed the Garden Ambassador Program to recruit and train selected garden leaders from immigrant and refugee communities in Portland. In collaboration with Immigrant and Refugee Community Organization (IRCO) and the City of Portland's Community Garden program, OFB hired three Garden Ambassadors to work with their specific communities to develop and deliver gardening workshops and to address each community's specific barriers to growing a portion of their own food.

The 2018 Ambassadors represented communities from Ethiopia and Eretria, Russia, Kazakhstan and the Ukraine; and the Democratic Republic of Congo. While many immigrants and refugees grew food in their home country, they were unfamiliar with the culture and climate in Portland, faced language barriers to learn how to garden in the Pacific Northwest, or were not able to access land where they could grow food. Ambassadors received training to support refugee and immigrant gardeners from their own communities to grow culturally-



*Seed to Supper Ambassador Matthieu Kambumba with two garden members at the Central City community garden in Gresham. Matthieu was born the Democratic Republic of Congo and immigrated to the U.S. in 2009.*

appropriate foods and gain access to gardening resources in Portland. The three ambassadors each customized their methods of workshop delivery and garden activities to provide support to more than 49 community members over the summer in their native languages, with courses and support continuing into next year.

## Statewide Education Programs and Partnerships:

Our Statewide Education and Community Food Systems teams depend on strong local partners to ultimately achieve our shared goals of building skills and strengthening community connections. Each year these partners help us administer and host cooking, nutrition and gardening classes, community conversations, and develop health care partnerships including food insecurity screening at clinics and deeper interventions such as produce prescription programs or on-site pantries.

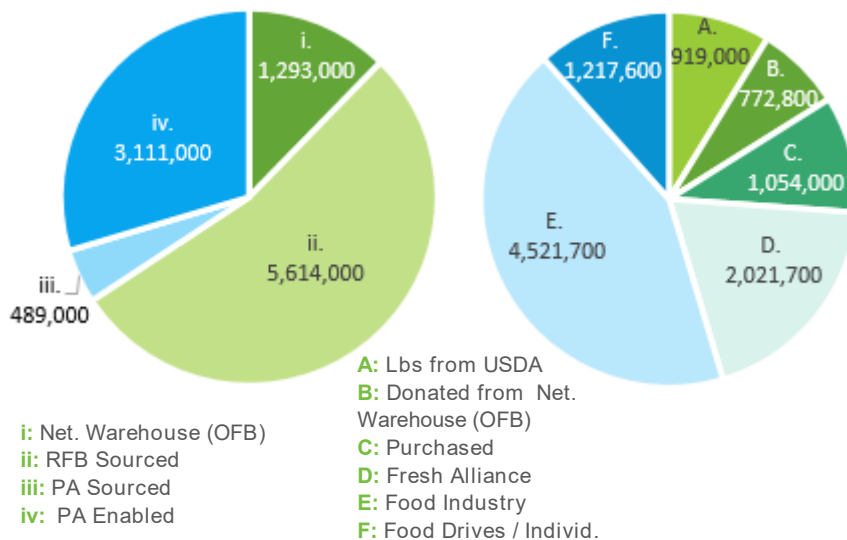
County	Health Care Partnerships (# of facilities / # of deeper interventions)	Cooking Matters (# of courses/ # of participants)	Seed to Supper (Garden Education) (# of courses / # of participants)	Community Food Systems (FEAST) (# of community FEASTs or conversations since 2009) (OFB)
Clark, WA	9 / 3	33 / 160	8 / 92	
Multnomah	113 / 33	48 / 419 (Multnomah & Clackamas combined)	44 / 503 (Multnomah, Clackamas, & Washington combined)	6
Clackamas	20 / 7			2
Washington	28 / 4	8 / 79		4
Columbia	6 / 2	4 / 73	5 / 55	2
Yamhill	6 / 2		7 / 76	

# Clark County Food Bank

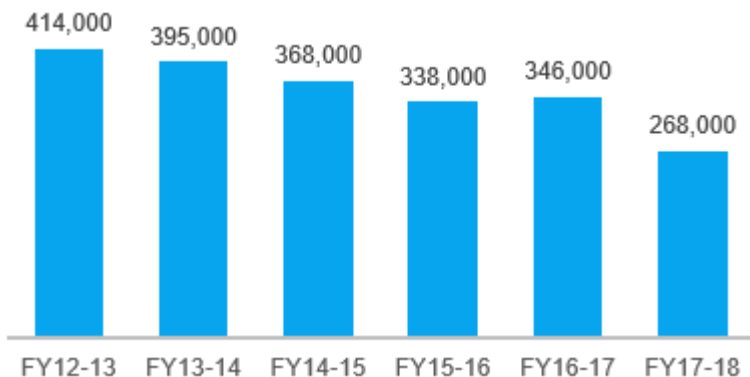


Clark County Food Bank is the primary food distribution center for hunger relief efforts in Southwest Washington. This past year we distributed nearly six million pounds of food through our network of more than 40 pantries, partner agencies, and programs.

## Receipt by Food Sources



## Individuals served annually (duplicated)



All data based on  
FY 2017-18

Counties served: Clark  
clarkcountyfoodbank.org 360.693.0939  
Independent Agency  
Allocation (% of Network): 7.34%

## Operational capacity

Warehouse ft <sup>2</sup>	17,600
Freezer ft <sup>2</sup>	1,200
Cooler ft <sup>2</sup>	1,200
Refrigerated trucks	4
Other vehicles	3

## Organization capacity

FTE	16
Annual budget	\$1,955,176
Volunteer hours donated	25,997

## Partner Agency Network

Pantries	19
Meal Sites/Shelters	7
Supplemental agencies and programs	17
Total (% of Network)	43 (3.2%)

## Distribution

Total pounds distributed (% of Network)	5,931,000 (8.0%)
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## Fresh Alliance stores

Total	31
-------	----

## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	✓
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓



# Columbia Pacific Food Bank



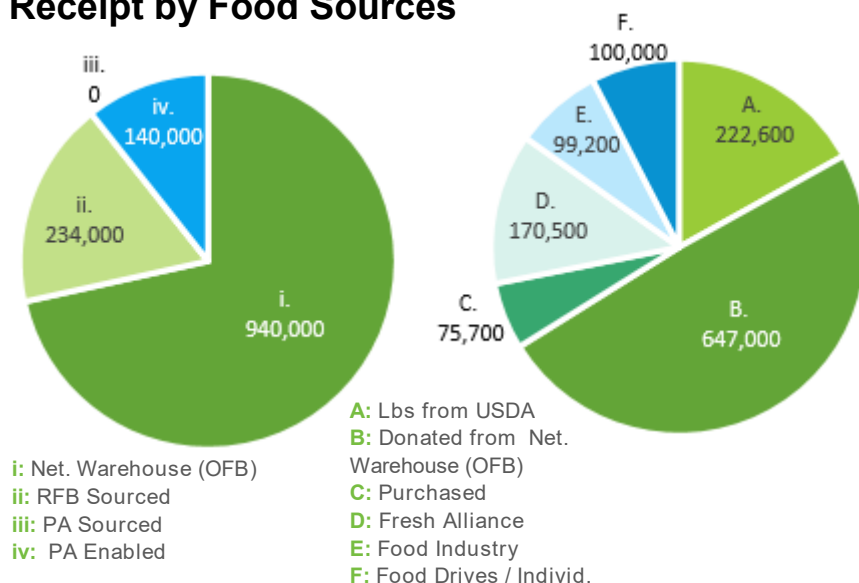
All data based on  
FY 2017-18

Counties served: Columbia  
cpfoodbank.org 503.397.9708  
Independent Agency  
Allocation (% of Network): 1.02%

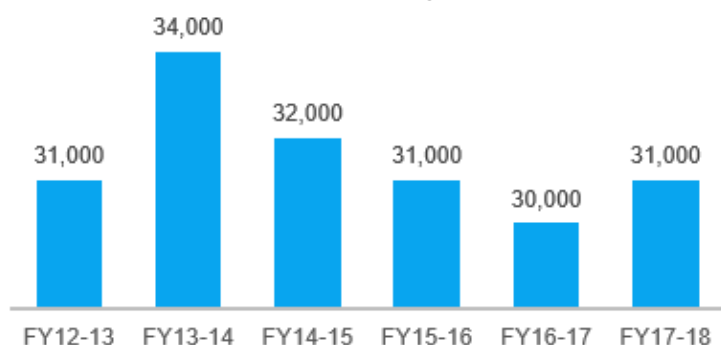


The Columbia Pacific Food Bank is the regional food bank for Columbia County. We deliver food to 25 food pantries, meal programs, and produce distributions throughout Columbia County. We also operate the Barbara Bullis H.E.L.P. food pantry in St. Helens. Pictured: U.S. Representative Suzanne Bonamici visits with food bank staff and volunteers.

## Receipt by Food Sources



## Individuals served annually (duplicated)



## Operational capacity

Warehouse ft <sup>2</sup>	2,500
Freezer ft <sup>2</sup>	367
Cooler ft <sup>2</sup> :	253
Refrigerated trucks	1
Other vehicles	1

## Organization capacity

FTE	3.25
Annual budget	\$340,047
Volunteer hours donated	2,704

## Partner Agency Network

Pantries	5
Meal Sites/Shelters	2
Supplemental agencies and programs	18
Total (% of Network)	25 (1.8%)

## Distribution

Total pounds distributed	1,189,200
(% of Network):	(1.6%)

## Fresh Alliance stores

Total	5
-------	---

## Programs run by the food bank

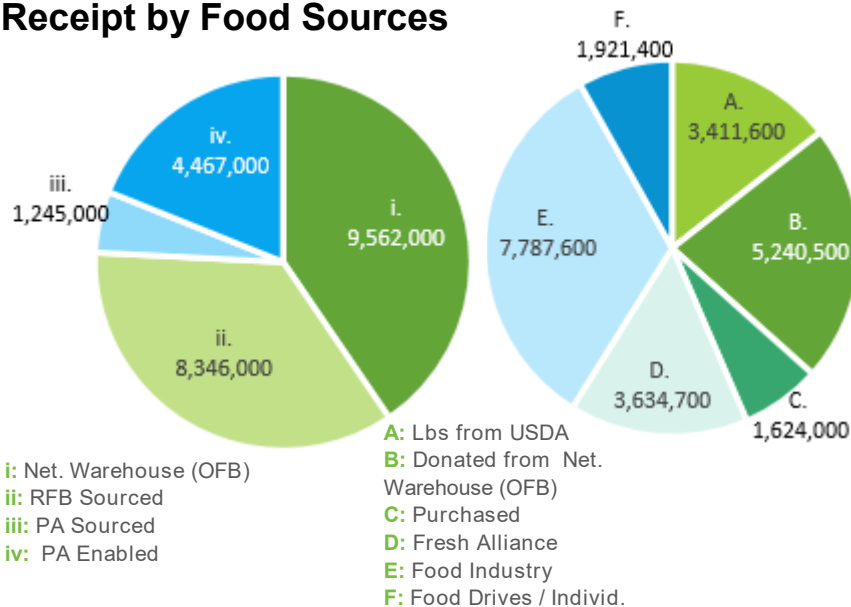
Produce distributions	✓
Mobile pantry	✓
Gardens or gardening	✓
Cooking or nutrition	✓
Advocacy activities	✓

# OFB-Metro Services

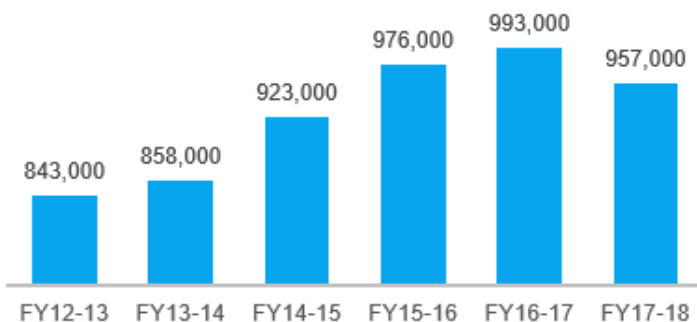


As a branch of the Oregon Food Bank, OFB-Metro Services' mission is to eliminate hunger and its root causes. We provide food, education and hope with and for food people experiencing food insecurity in Multnomah and Clackamas Counties. We recognize that systematic injustices exist – such as racism, classism, and sexism – and that these create and perpetuate conditions that sustain poverty and hunger. We are committed to serving Multnomah and Clackamas Counties in ways that are community-driven, honor a diversity of needs, and value the wisdom and voices of people experiencing hunger and poverty.

## Receipt by Food Sources



## Individuals served annually (duplicated)



All data based on  
FY 2017-18

Counties served: Multnomah, Clackamas  
 oregonfoodbank.org 503.282.0555  
 Branch of Oregon Food Bank  
 Allocation (% of Network): 25.29%

## Operational capacity

Warehouse ft <sup>2</sup>	20,572
Freezer ft <sup>2</sup>	900
Cooler ft <sup>2</sup> :	1,500
Refrigerated trucks	11
Other vehicles	0

## Organization capacity

FTE	24
Annual budget	\$1,981,557
Volunteer hours donated	10,625

## Partner Agency Network

Pantries	117
Meal Sites/Shelters	46
Supplemental agencies and programs	92
Total (% of Network)	255(18.8%)

## Distribution

Total pounds distributed (% of Network):	17,378,228 (23.4%)
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## Fresh Alliance stores

Total	116
-------	-----

## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	✓
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓

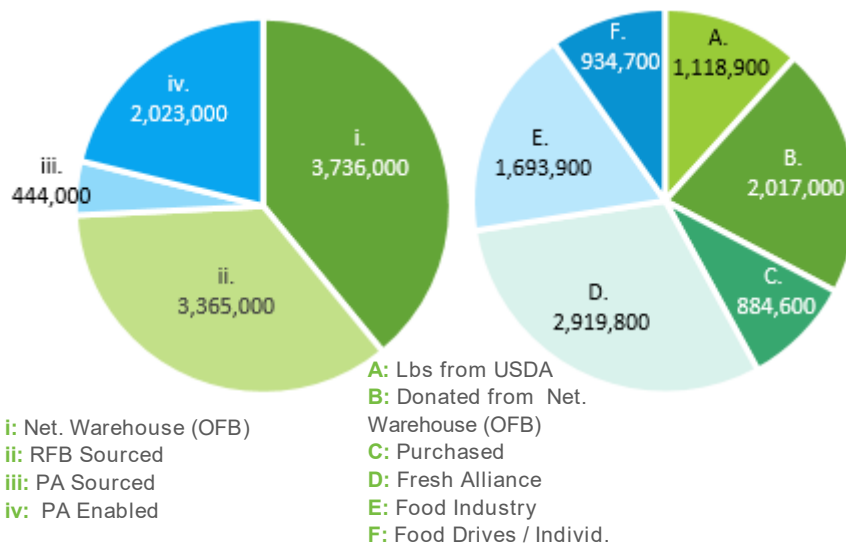


# OFB-Washington County Services



As a branch of the Oregon Food Bank, OFB-Washington County's mission is to eliminate hunger and its root causes. We provide food, education and hope with and for food people experiencing food insecurity in Washington County. We recognize that systematic injustices exist – such as racism, classism, and sexism – and that these create and perpetuate conditions that sustain poverty and hunger. We are committed to serving Washington County in ways that are community-driven, honor a diversity of needs, and value the wisdom and voices of people experiencing hunger and poverty.

## Receipt by Food Sources



All data based on  
FY 2017-18

Counties served: Washington  
 oregonfoodbank.org 503.282.0555  
 Branch of Oregon Food Bank  
 Allocation (% of Network): 9.55%

## Operational capacity

Warehouse ft <sup>2</sup>	9,254
Freezer ft <sup>2</sup>	3,250
Cooler ft <sup>2</sup> :	1,071
Refrigerated trucks	5
Other vehicles	0

## Organization capacity

FTE	16
Annual budget	\$1,365,851
Volunteer hours donated	8,403

## Partner Agency Network

Pantries	49
Meal Sites/Shelters	22
Supplemental agencies and programs	16
Total (% of Network)	101 (7.2%)

## Distribution

Total pounds distributed	6,612,643
(% of Network):	(8.9%)

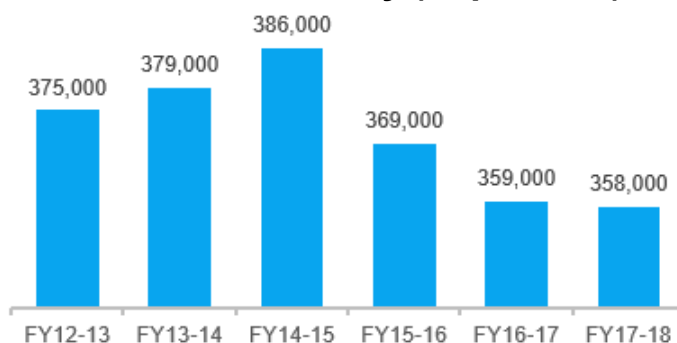
## Fresh Alliance stores

Total	65
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## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	✓
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓

## Individuals served annually (duplicated)



# YCAP Regional Food Bank



All data based on  
FY 2017-18

Counties served: Yamhill  
yamhillcap.org 503.883.4170  
CAP Agency  
Allocation (% of Network): 2.29%

## Operational capacity

Warehouse ft <sup>2</sup>	5,200
Freezer ft <sup>2</sup>	1,555
Cooler ft <sup>2</sup>	513
Refrigerated trucks	2
Other vehicles	2

## Organization capacity

FTE	6.75
Annual budget	\$534,700
Volunteer hours donated	2,668.5

## Partner Agency Network

Pantries	14
Meal Sites/Shelters	6
Supplemental agencies and programs	13
Total (% of Network)	33 (2.4%)

## Distribution

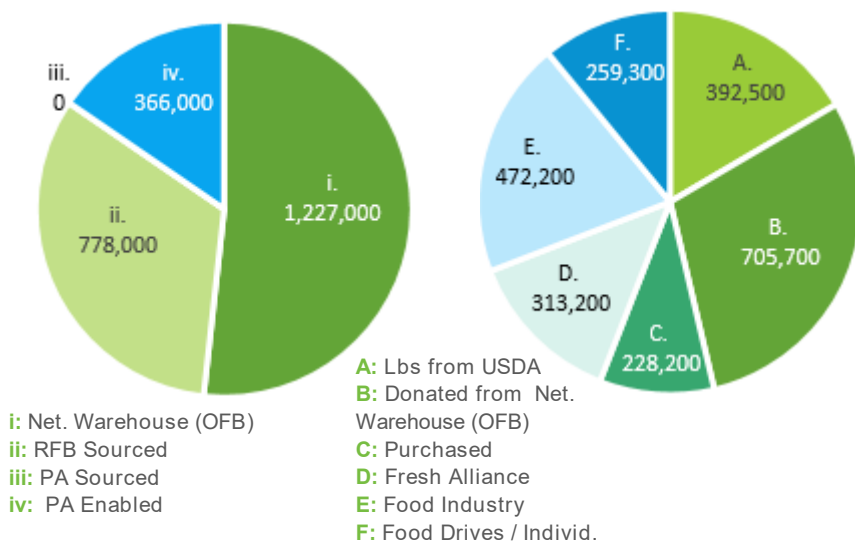
Total pounds distributed	1,977,800
(% of Network)	(2.66%)

## Fresh Alliance stores

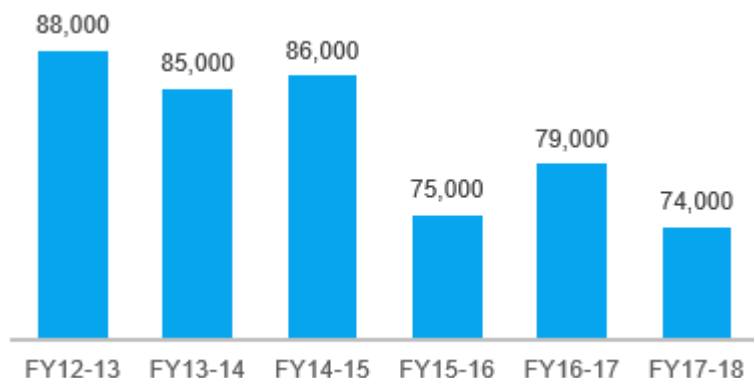
Total	7
-------	---

The YCAP mission statement is to advocate for and assist persons toward self-sufficiency. Our dedicated Food Bank team is passionate about feeding the Yamhill County community. From our neighbors at the senior center, to the kids at our elementary school, and everyone in between, we're committed to fighting hunger *because no one should be hungry*.

## Receipt by Food Sources

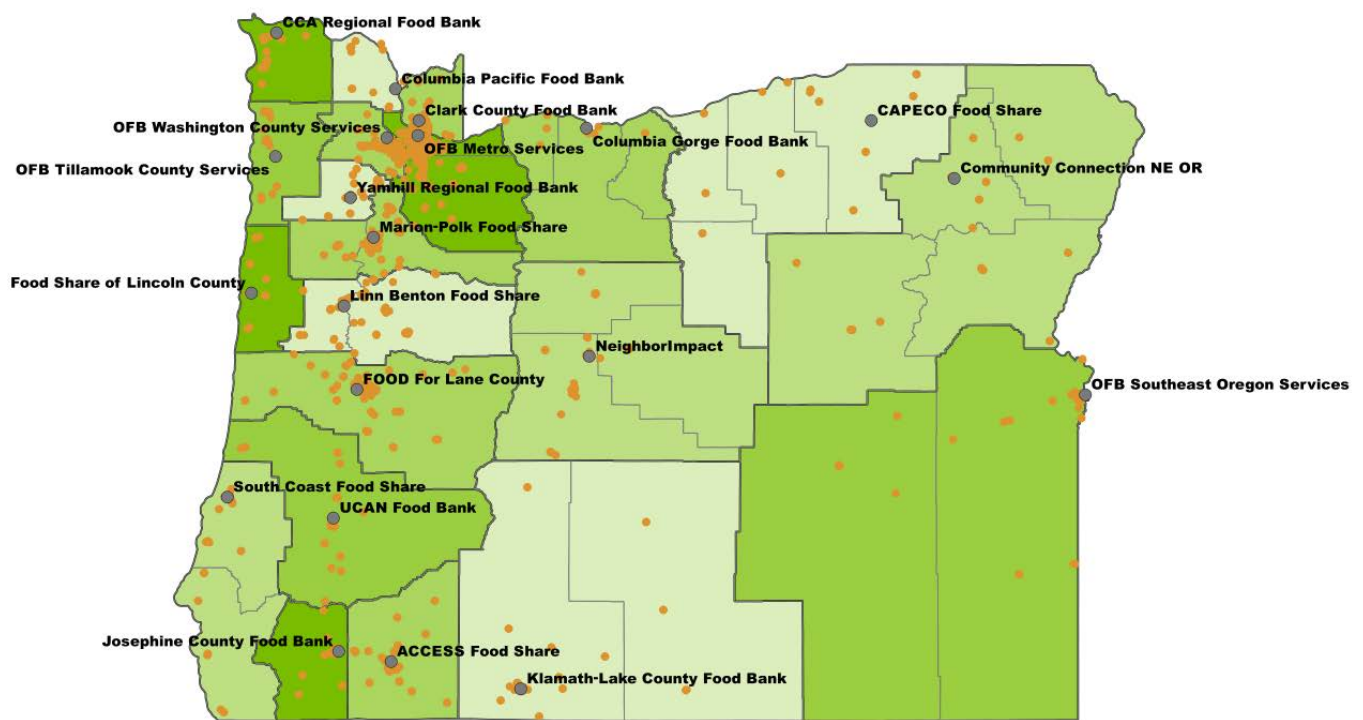


## Individuals served annually (duplicated)

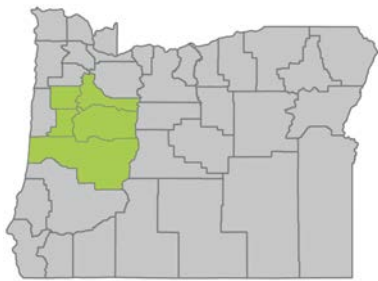


## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	✓
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓



# Southern Willamette Valley Region

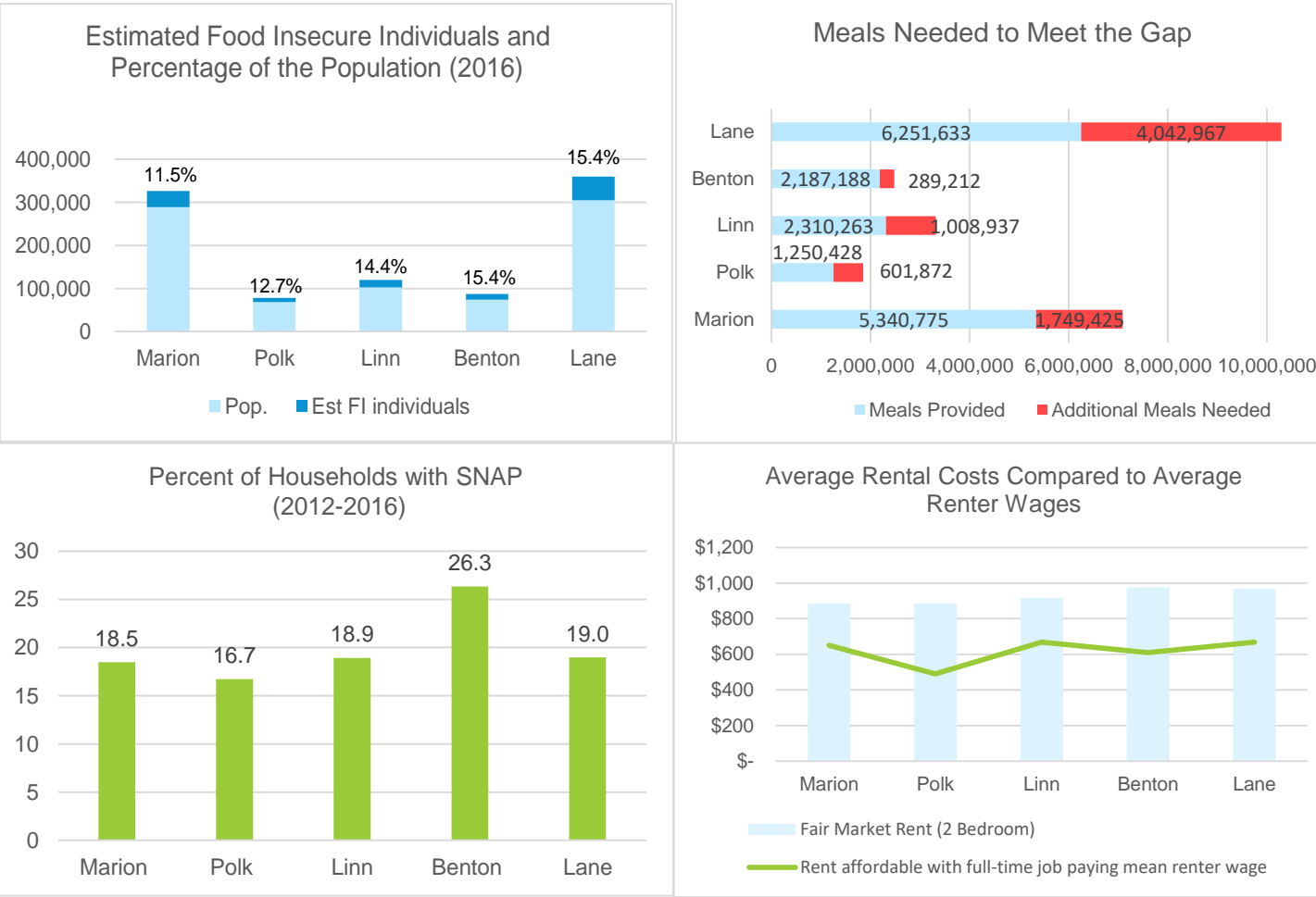


The Southern Willamette Valley is world-renowned for its agriculture including year-round vegetable production, berries and other fruits, livestock, dairies, grass seed, and the recent revival of dry bean and grain production. Strong partnerships with growers in this region provide great sources of highly-nutritious foods to the entire Oregon Food Bank Network.

The following pages showcase some program highlights from our partnerships as well as a handful of key economic and food security indicators.

## Key Indicators

Food insecurity rates vary across the southern valley from 11.5 percent in Marion County to 15.4 percent in Lane County. Like in the Portland metro area, housing costs can be high especially in the urban centers of Salem, Eugene and Corvallis. The fair market rent of more than \$900 a month for a two-bedroom unit significantly exceeds what an average renter can afford in all of the region’s counties, according to analysis from the National Low Income Housing Coalition. This means that many of the people we serve are likely rent-burdened.



*“Affordable” rents represent the generally accepted standard of spending no more than 30% of gross income on gross housing costs.*

Sources (Clockwise): Feeding America, Map the Meal Gap 2018; Feeding American Quarterly Pulse Report Q2 2017-Q1 2018; FRAC analysis of 5-year 2012-2016 American Community Survey data, in collaboration with Punam Ohri-Vachaspati, PhD, RD, Professor, Arizona State; National Low Income Housing Coalition, Out of Reach 2018.



# Fighting Hunger Spotlight: Preventing Hospital Readmission

Samaritan Albany General Hospital has partnered with Linn Benton Food Share to launch the SHARE program with the ultimate goal of reducing readmission rates for patients experiencing food insecurity.

Under the program, hospital dietitians identify medically malnourished patients who will soon be discharged and offer them a weekly box of food tailored to their dietary and medical needs. LBFS volunteers pack each box and then deliver the food directly to the patient's door for four weeks while the patient is on the mend. Each food box also contains handouts on available resources such as SNAP and pantry locations, as well as information on menu planning customized for each participant.

In the one and a half years since the program began, 30-day readmission rates at the hospital are down by nearly 8 percent. For the Food Share volunteers delivering the boxes though, the real reward has been seeing the gratitude from participants and the "spark of hope" necessary for healing.



*Example boxes given to recently discharged patients. Photo courtesy of Samaritan Health Services Dietician Suzanne Watkins.*

## Statewide Education Programs and Partnerships:

Our Statewide Education and Community Food Systems teams depend on strong local partners to ultimately achieve our shared goals of building skills and strengthening community connections. Each year these partners help us administer and host cooking, nutrition and gardening classes, community conversations, and develop health care partnerships including food insecurity screening at clinics and deeper interventions such as produce prescription programs or on-site pantries.

County	Health Care Partnerships (# of facilities / # of deeper interventions)	Cooking Matters (# of courses/ # of participants)	Seed to Supper (Garden Education) (# of courses / # of participants)	Community Food Systems (FEAST) (# of community FEASTs or conversations since 2009 (OFB))
<b>Marion</b>	21 / 7	7 / 81 (Marion & Polk combined)	6 / 88 (Marion & Polk combined)	3
<b>Polk</b>	4 / 0			2
<b>Linn</b>	5 / 2		10 / 166 (Linn & Benton combined)	2
<b>Benton</b>	10 / 7			5
<b>Lane</b>	26 / 10	22 / 169	11 / 102	6



# FOOD for Lane County



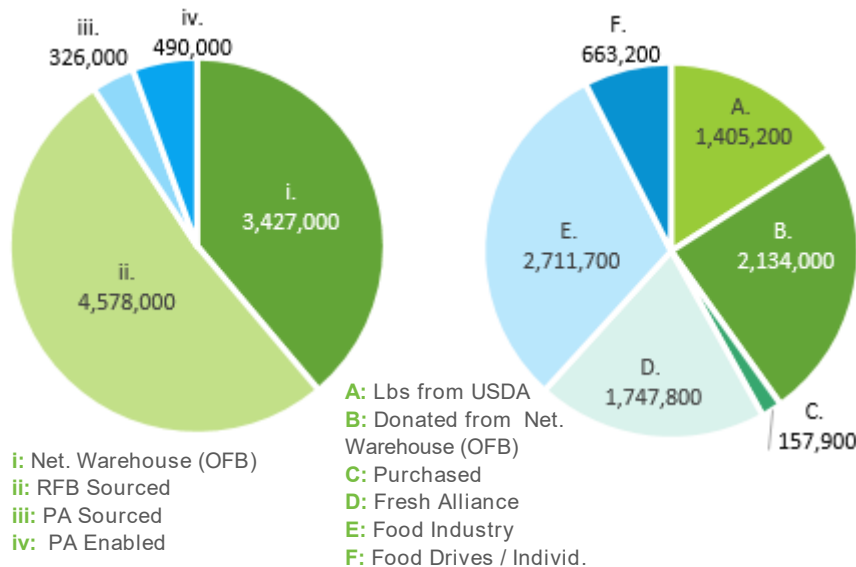
All data based on  
FY 2017-18



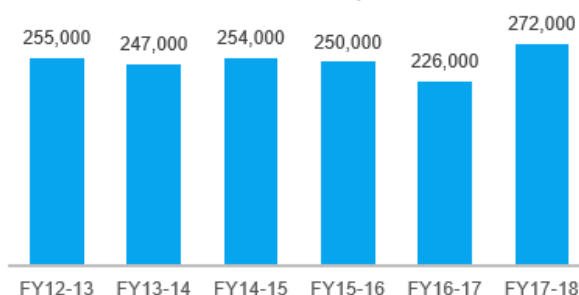
Established in 1984, FOOD for Lane County (FFLC) is a private, nonprofit food bank dedicated to alleviating hunger *by creating access to food*. We accomplish this by soliciting, collection, rescuing, growing, preparing, and packaging food for distribution to a network of social service agencies and programs, and through public awareness, education, and community advocacy. Making food easily available to the people who need it is at the core of FOOD for Lane County's commitment to serve.

Counties served: Lane  
foodforlanecounty.org 541.343.2822  
Independent Agency  
Allocation (% of Network): 10.35%

## Receipt by Food Sources



## Individuals served annually (duplicated)



## Operational capacity

Warehouse ft <sup>2</sup>	16,764
Freezer ft <sup>2</sup>	2,576
Cooler ft <sup>2</sup>	1,810
Refrigerated trucks	8
Other vehicles	7

## Organization capacity

FTE	60.6
Annual budget	\$5,258,870
Volunteer hours donated	73,600

## Partner Agency Network

Pantries	32
Meal Sites/Shelters	25
Supplemental agencies and programs	182
Total (% of Network)	239 (17.6)

## Distribution

Total pounds distributed	7,510,200
(% of Network):	(10.1%)

## Fresh Alliance stores

Total	31
-------	----

## Programs run by the food bank

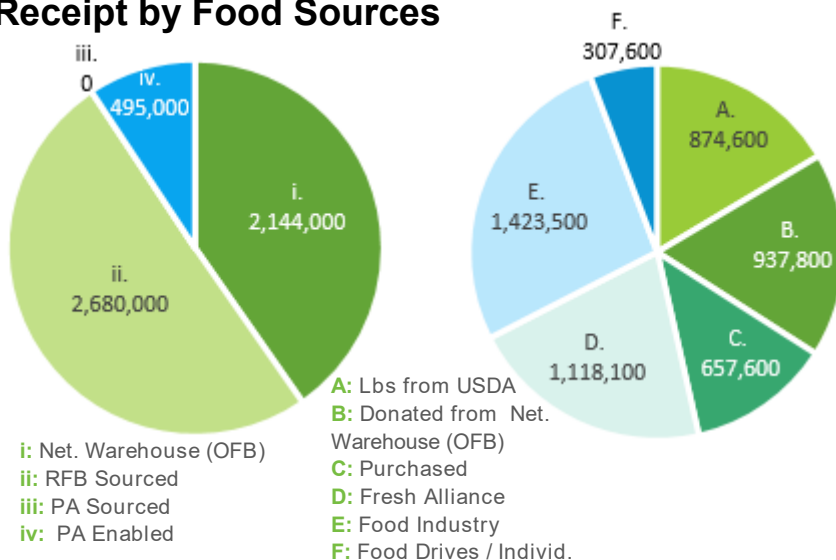
	Produce distributions	✓
	Mobile pantry	✓
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓

# Linn Benton Food Share



Linn Benton Food Share is committed to ensuring high-quality food is available to anyone in need of assistance. We rely on community support through our network of partner agencies, volunteer groups, local farmers and generous donors to accomplish our mission that “everybody eats.” We are also piloting new programs with the medical community to show the power of food in creating better health outcomes for patients.

## Receipt by Food Sources



All data based on  
FY 2017-18



Counties served: Linn, Benton  
communityservices.us 541.758.2609  
CAP Agency  
Allocation (% of Network): 5.66%

## Operational capacity

Warehouse ft <sup>2</sup>	8,400
Freezer ft <sup>2</sup>	800
Cooler ft <sup>2</sup>	600
Refrigerated trucks	3
Other vehicles	2

## Organization capacity

FTE	8.3
Annual budget	\$2,441,271
Volunteer hours donated	11,667

## Partner Agency Network

Pantries	22
Meal Sites/Shelters	16
Supplemental agencies and programs	31
Total (% of Network)	69 (5.1%)

## Distribution

Total pounds distributed	5,117,200
(% of Network):	(6.9%)

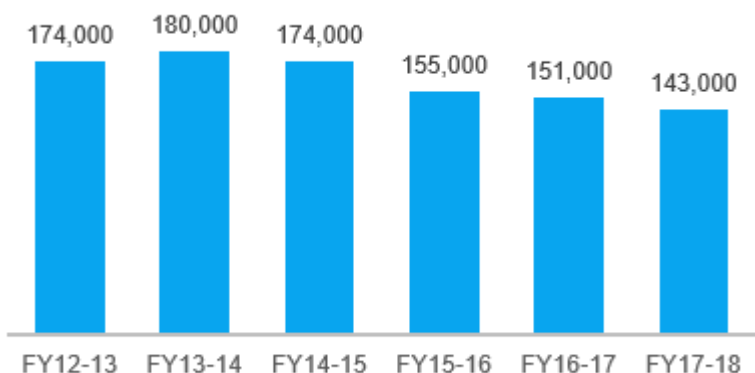
## Fresh Alliance stores

Total	15
-------	----

## Programs run by the food bank

	Produce distributions	
	Mobile pantry	
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓

## Individuals served annually (duplicated)

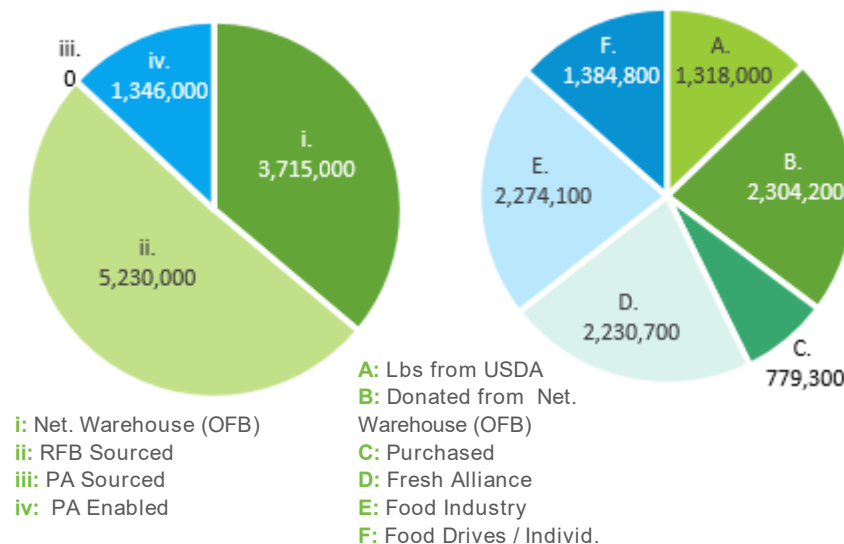


# Marion-Polk Food Share

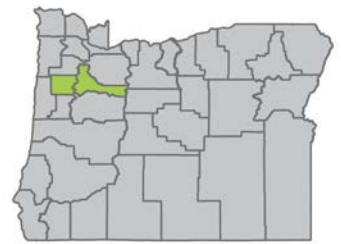
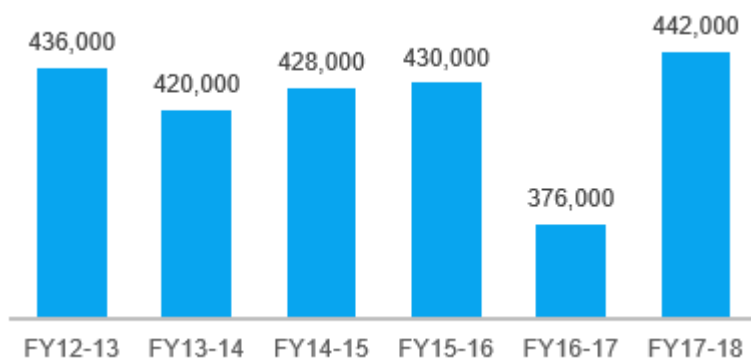


Marion-Polk Food Share is the regional food bank serving the communities of Marion and Polk Counties, including Salem, Woodburn, and a number of rural communities. In addition to operating emergency food programs, we operate Meals on Wheels, gardening and farming programs, and a range of community food systems initiatives. We also directly manage a community-based food pantry in Grand Ronde.

## Receipt by Food Sources



## Individuals served annually (duplicated)



All data based on  
FY 2017-18

Counties served: Marion, Polk  
marionpolkfoodshare.org 503.581.3855  
Independent Agency  
Allocation (% of Network): 9.92%

## Operational capacity

Warehouse ft <sup>2</sup>	16,790
Freezer ft <sup>2</sup>	1,950
Cooler ft <sup>2</sup> :	1,277
Refrigerated trucks	6
Other vehicles	6

## Organization capacity

FTE	56.4
Annual budget	\$4,905,185
Volunteer hours donated	31,610.7

## Partner Agency Network

Pantries	47
Meal Sites/Shelters	18
Supplemental agencies and programs	62
Total (% of Network)	127 (9.4%)

## Distribution

Total pounds distributed	8,584,600
(% of Network):	(11.6%)

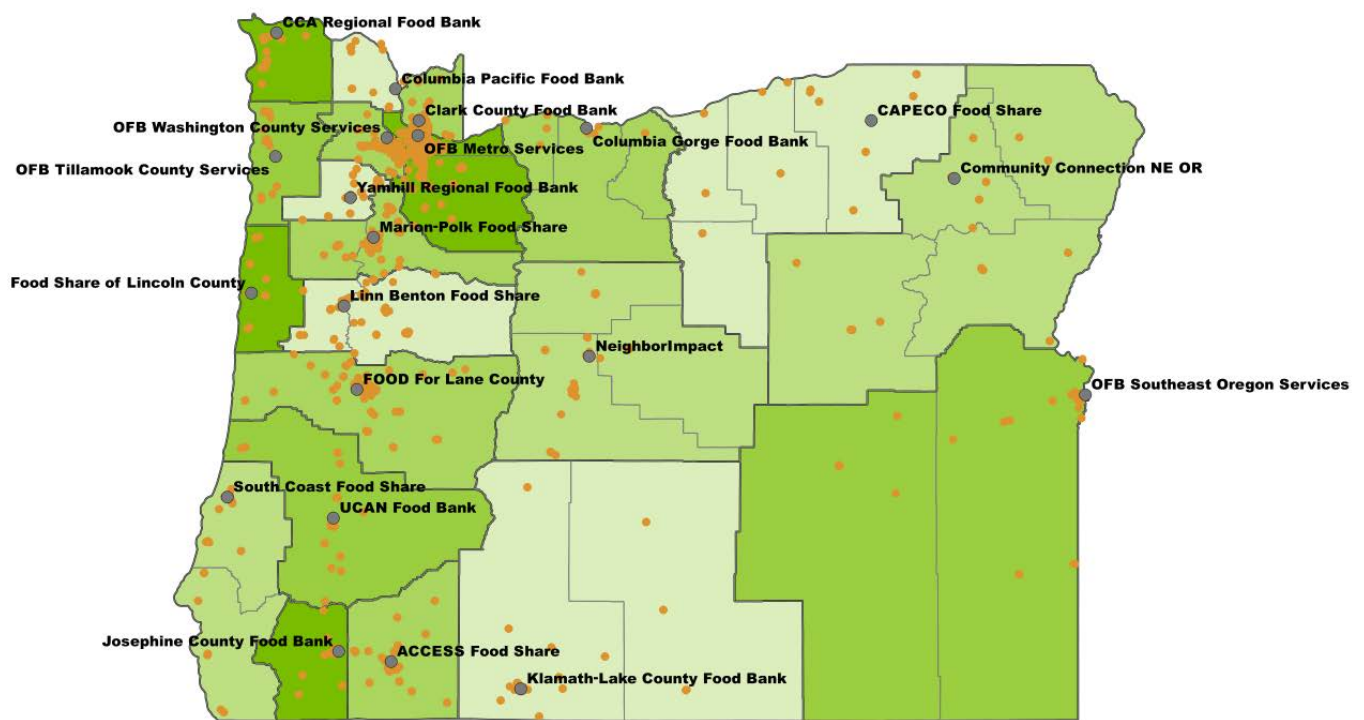
## Fresh Alliance stores

Total	26
-------	----

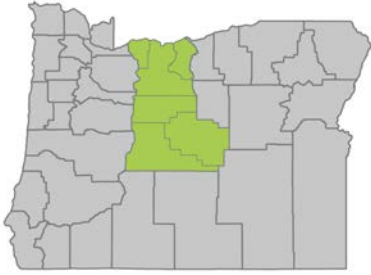
## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	✓
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓





# Gorge and Central Regions

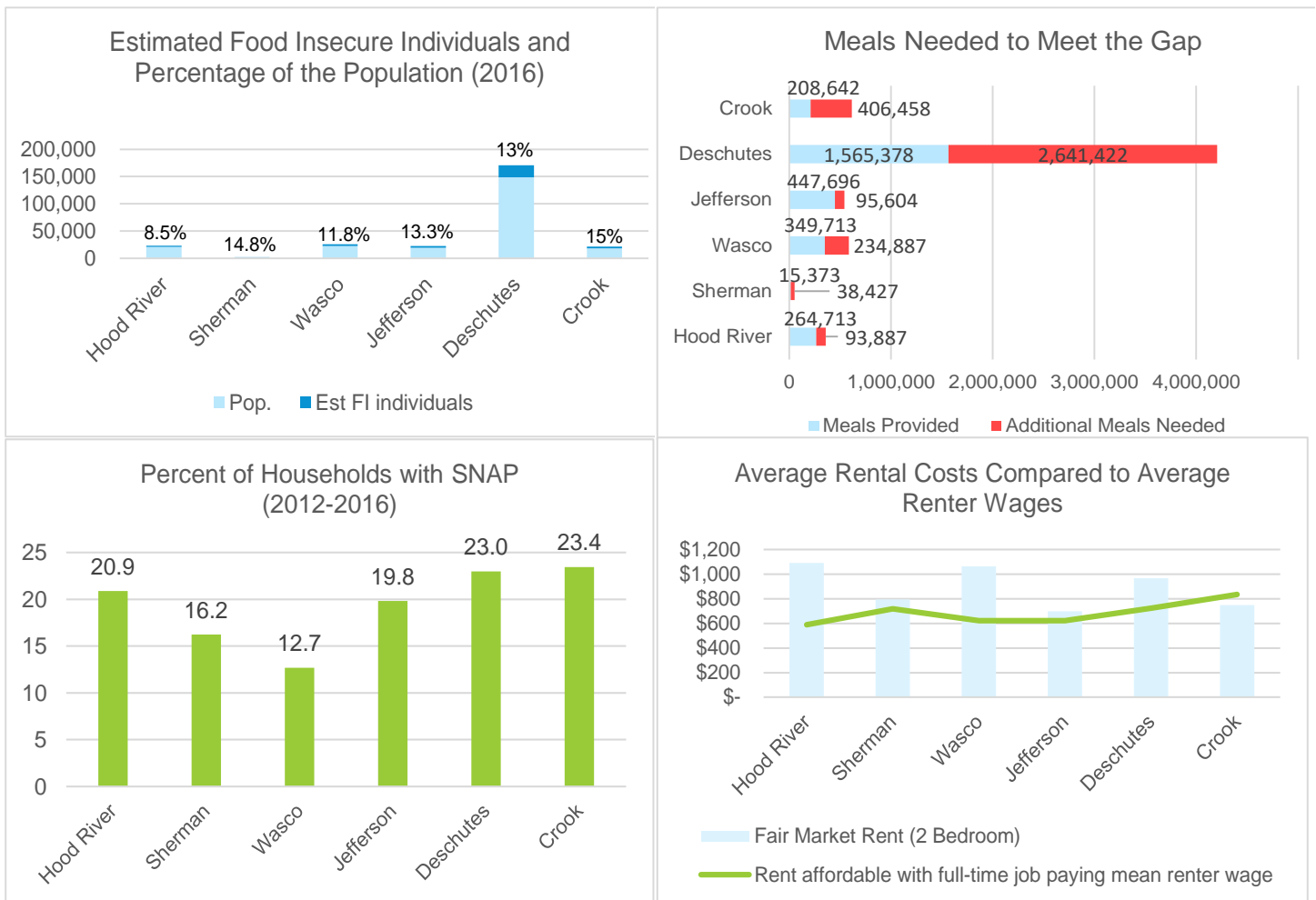


In the Columbia Gorge orchards dominate the agriculture landscape, while the poor high-desert soils of Central Oregon make vegetable production a challenge, but provide productive grazing land for livestock. The Bend metropolitan area is currently one of fastest growing regions in the country. The Urban Institute projects the population of Central Oregon will grow by 70 percent between 2000 and 2030.

The following pages showcase some program highlights from our partnerships as well as a handful of key economic and food security indicators.

## Key Indicators

The remoteness of some communities in the Gorge and Central Oregon can make accessing affordable and healthy foods a challenge. The region has the state's highest estimated average meal cost, according to Feeding America's Map the Meal Gap. The popularity and rapid growth of communities like Bend and Hood River also make finding affordable housing a challenge. This region now has the highest fair market rents outside of the Portland metro area.



*\*\*\*"Affordable" rents represent the generally accepted standard of spending no more than 30% of gross income on gross housing costs.*

Sources (Clockwise): Feeding America, Map the Meal Gap 2018; Feeding American Quarterly Pulse Report Q2 2017-Q1 2018; FRAC analysis of 5-year 2012-2016 American Community Survey data, in collaboration with Punam Ohri-Vachaspati, PhD, RD, Professor, Arizona State; National Low Income Housing Coalition, Out of Reach 2018.



## Fighting Hunger Spotlight: Gorge Grown Veggie Rx

The largest program of its kind in the state, the Gorge Grown Food Network's Veggie Rx provides vouchers for fresh fruits and vegetables to people experiencing food insecurity in the region. Strong collaboration between healthcare providers, social service providers, and local food producers is key to achieving the triple goal of improving access to fresh, healthy food, reducing health costs and diet-related illness, and support local farmers and business owners.

In Gorge Grown's model, clients are screened for food insecurity during a doctor's visit or social service appointment. If they have experienced food insecurity in the past year, providers can then "prescribe" a packet of vouchers for \$30 worth of fresh fruits and vegetables.

Since starting as a pilot in 2015, the program has grown to more than a dozen screening partners and more than 30 redemption partners including local grocery stores, farm stands, and all of the region's farmers markets. In 2016, The Gorge won the prestigious Robert Wood Johnson Culture of Health



*June Husted prepares a meal using vegetables purchased with Veggie Rx vouchers. Photo courtesy of Gorge Grown Food Network / The Robert Wood Johnson Foundation.*

prize in part for the collaboration and collective impact of the Veggie Rx program.

In total, about a dozen organizations from farms, to non-profits, to healthcare providers, currently sponsor similar Veggie Rx programs around the state.

## Statewide Education Programs and Partnerships:

Our Statewide Education and Community Food Systems teams depend on strong local partners to ultimately achieve our shared goals of building skills and strengthening community connections. Each year these partners help us administer and host cooking, nutrition and gardening classes, community conversations, and develop health care partnerships including food insecurity screening at clinics and deeper interventions such as produce prescription programs or on-site pantries.

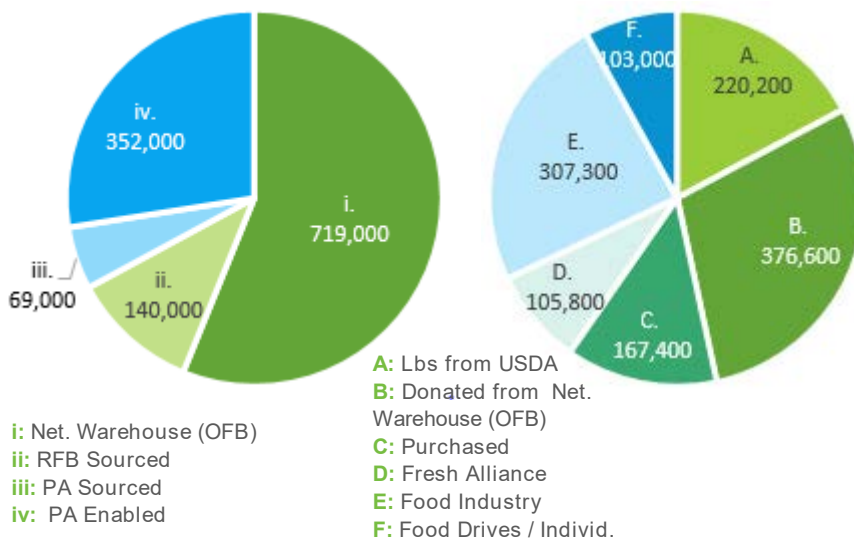
County	Health Care Partnerships (# of facilities / # of deeper interventions)	Cooking Matters (# of courses/ # of participants)	Seed to Supper (Garden Education) (# of courses / # of participants)	Community Food Systems (FEAST) (# of community FEASTs or conversations since 2009) (OFB)
Hood River	4 / 5		2 / 21	1
Sherman	2 / 3			
Wasco	8 / 4			1
Jefferson	3 / 1	11 /122 (Jefferson, Deschutes, & Crook combined)	1 / 5 (Jefferson, Deschutes, & Crook combined)	
Deschutes	32 / 4			
Crook	5 / 2			1

# Columbia Gorge Food Bank

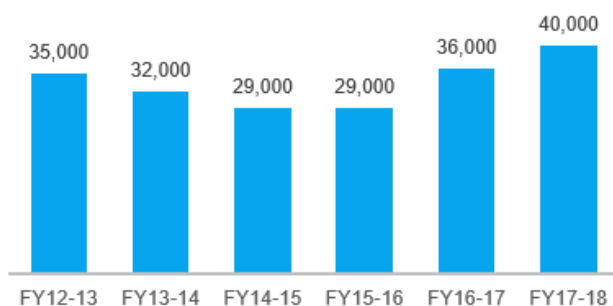


Columbia Gorge Food Bank was branded and became a fully-functioning Regional Food Bank in the fall of 2017. During this year we transitioned from a cross-dock distribution to a warehouse-based operation. The addition of a half-time Operations Specialist allowed us to increase services to our Partner Agencies across the three counties. The warehouse and a branded truck have increased our visibility bringing in new food and fund donors along with community recognition. Two rural pantries were added this year and more will be added in the coming year boosting services to the most food insecure communities in our service area.

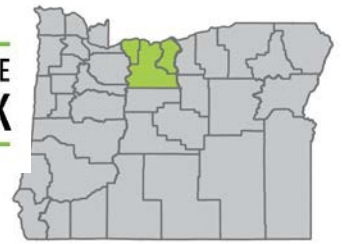
## Receipt by Food Sources



## Individuals served annually (duplicated)



## COLUMBIA GORGE FOOD BANK



All data based on  
FY 2017-18

Counties served: Hood River, Wasco, Sherman

oregonfoodbank.org 503.282.0555

Operated by Oregon Food Bank

Allocation (% of Network): 1.06%

## Operational capacity

Warehouse ft <sup>2</sup>	2,000
Freezer ft <sup>2</sup>	96
Cooler ft <sup>2</sup>	360
Refrigerated trucks	1
Other vehicles	0

## Organization capacity

FTE	2.5
Annual budget	\$286,228
Volunteer hours donated	515

## Partner Agency Network

Pantries	9
Meal Sites/Shelters	1
Supplemental agencies and programs	16
Total (% of Network)	26 (2.1%)

## Distribution

Total pounds distributed	774,868
(% of Network)	(1.0%)

## Fresh Alliance stores

Total	5
-------	---

## Programs run by the food bank

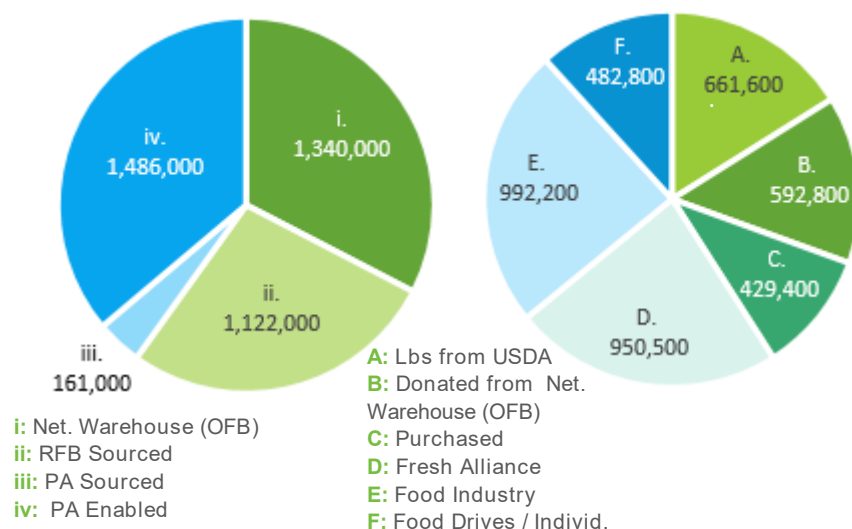
- Produce distributions ✓
- Mobile pantry
- Gardens or gardening
- Cooking or nutrition
- Advocacy activities ✓

# NeighborImpact

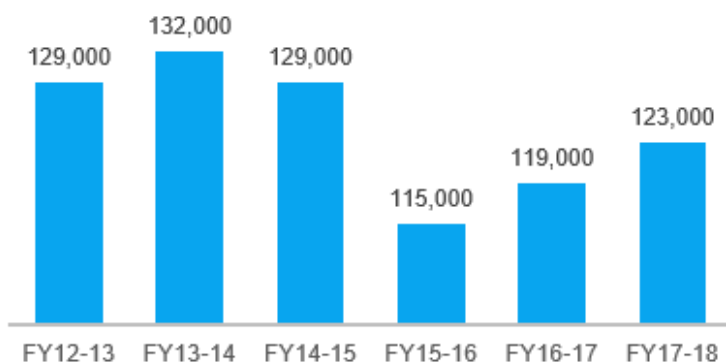


The NeighborImpact Food Bank program is the regional affiliate of the Oregon Food Bank. The program collects and distributes over 2.4 million pounds of food to 50+ local agencies and programs in Crook, Deschutes, and Jefferson Counties and the Confederated Tribes of Warm Springs every year. Over twenty thousand individuals are helped at emergency food sites every month during the year.

## Receipt by Food Sources



## Individuals served annually (duplicated)



All data based on  
FY 2017-18

Counties served: Crook, Deschutes,  
Jefferson  
neighborimpact.org 541.548.2380  
CAP Agency  
Allocation (% of Network): 4.83%

## Operational capacity

Warehouse ft <sup>2</sup>	2,200
Freezer ft <sup>2</sup>	550
Cooler ft <sup>2</sup>	250
Refrigerated trucks	3
Other vehicles	1

## Organization capacity

FTE	6.9
Annual budget	\$614,657
Volunteer hours donated	1,675

## Partner Agency Network

Pantries	12
Meal Sites/Shelters	7
Supplemental agencies and programs	32
Total (% of Network)	51 (3.8%)

## Distribution

Total pounds distributed	2,445,900
(% of Network):	(3.3%)

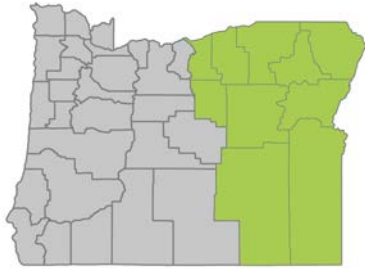
## Fresh Alliance stores

Total	17
-------	----

## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	✓
	Gardens or gardening classes	✓
	Cooking or nutrition education classes	
	Advocacy activities	

# Eastern Region

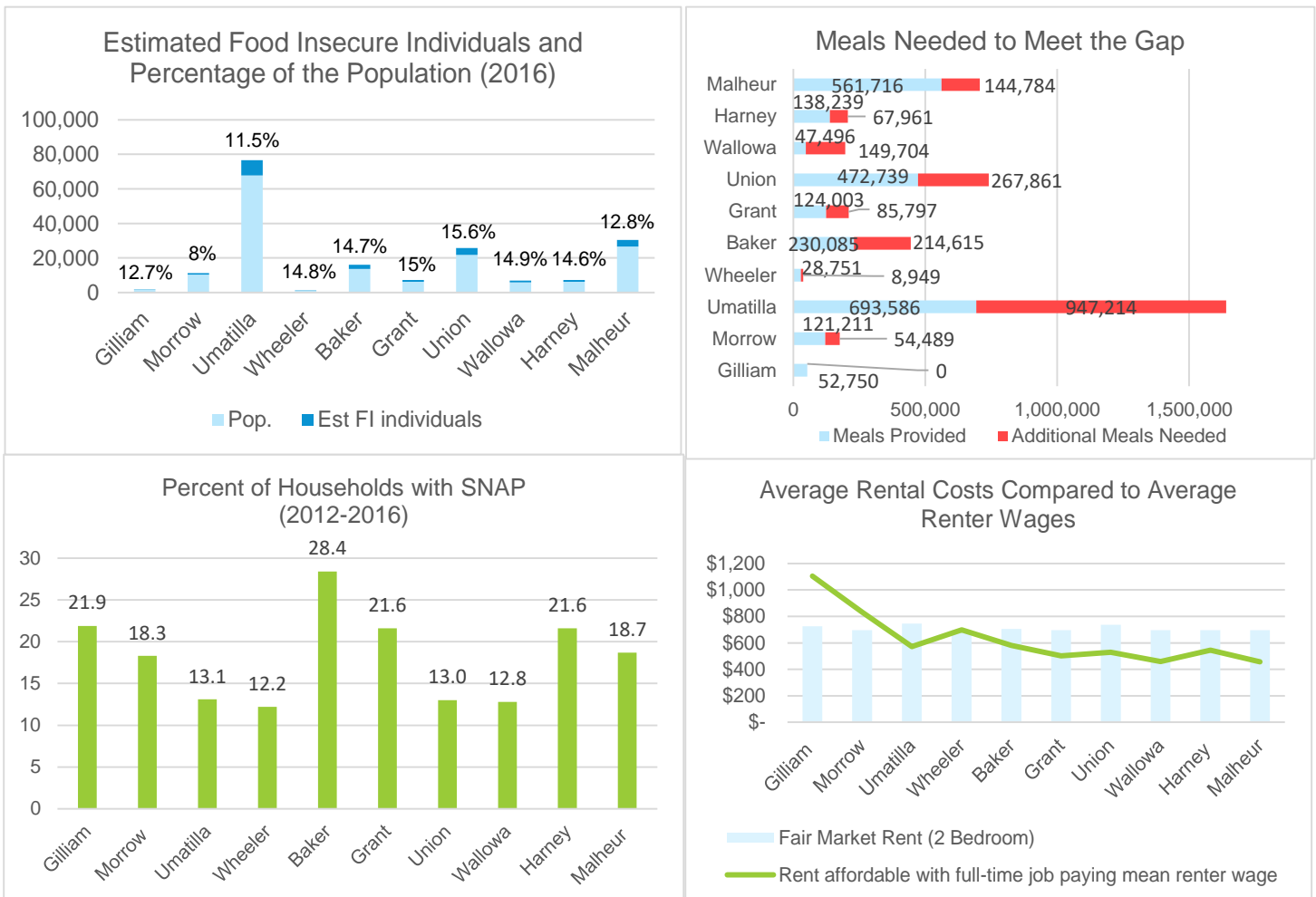


The wide-open stretches of Eastern Oregon are ideal for cattle, hay, barely, wheat, and onion production. The rural towns that dot Eastern Oregon are some of the most remote communities in the country, which makes ensuring that everyone has access to fresh and affordable foods a challenging undertaking.

The following pages showcase some program highlights from our partnerships as well as a handful of key economic and food security indicators.

## Key Indicators

Food insecurity rates vary widely across Eastern Oregon from an estimated eight percent of the population in Morrow County (the lowest rate in the state) to 15.6 percent in Union County, which is among the highest rates in the state. Although costs of living like housing tend to be lower in the region compared to the rest of the state, the fair market rent on a two-bedroom unit of roughly \$700 a month is still more than what an average renter can comfortably afford in most Eastern Oregon counties.



*\*\*\*"Affordable" rents represent the generally accepted standard of spending no more than 30% of gross income on gross housing costs.*

Sources (Clockwise): Feeding America, Map the Meal Gap 2018; Feeding American Quarterly Pulse Report Q2 2017-Q1 2018; FRAC analysis of 5-year 2012-2016 American Community Survey data, in collaboration with Punam Ohri-Vachaspati, PhD, RD, Professor, Arizona State; National Low Income Housing Coalition, Out of Reach 2018.



## Fighting Hunger Spotlight: Umatilla-Morrow Head Start

Oregon Food Bank partners with Oregon State University Extension and local partners around the state to offer free six-week Cooking Matters courses covering basic kitchen skills and tips for eating well on a budget. In Eastern Oregon, Umatilla-Morrow Head Start has had great success recruiting parents and families participating in other programs for Cooking Matters courses offered in both English and Spanish. To better incorporate the entire family in the classes, UMHS hosts a version of the course called Cooking Matters for Families, so that children can join in as sous-chefs and try their hand at preparing healthy meals too.

Thanks to grant funding from Lamb Weston, Umatilla Morrow Head Start and OFB will work with other community partners including CAPECO and healthcare providers to add more classes and train more facilitators in Hermiston and Boardman in the upcoming program year.



*Umatilla-Morrow Head Start, a local host organization for Cooking Matters classes, has had great success recruiting parents to participate. Classes are offered in both English and Spanish.*

## Statewide Education Programs and Partnerships:

Our Statewide Education and Community Food Systems teams depend on strong local partners to ultimately achieve our shared goals of building skills and strengthening community connections. Each year these partners help us administer and host cooking, nutrition and gardening classes, community conversations, and develop health care partnerships including food insecurity screening at clinics and deeper interventions such as produce prescription programs or on-site pantries.

County	Health Care Partnerships (# of facilities / # of deeper interventions)	Cooking Matters (# of courses / # of participants)	Seed to Supper (Garden Education) (# of courses / # of participants)	Community Food Systems (FEAST) (# of community FEASTs or conversations since 2009) (OFB)
Gilliam	2 / 1			1
Morrow	3 / 3	3 / 141		1
Umatilla	8 / 7		3 / 47	4
Wheeler	2 / 2			1
Baker				1
Grant				1
Union	5 / 3	2 / 19		1
Wallowa	2 / 2			4
Harney	2 / 0			1
Malheur	11 / 5	6 / 53		1

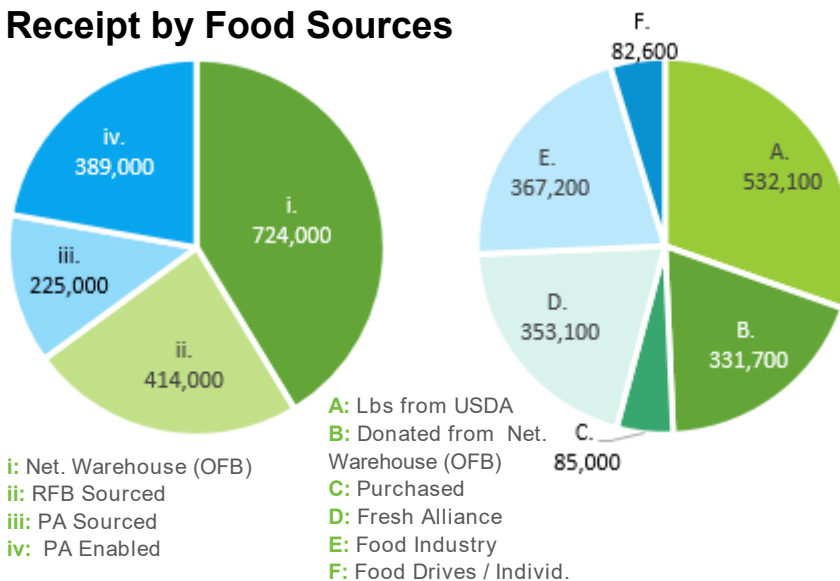


# CAPECO Food Share

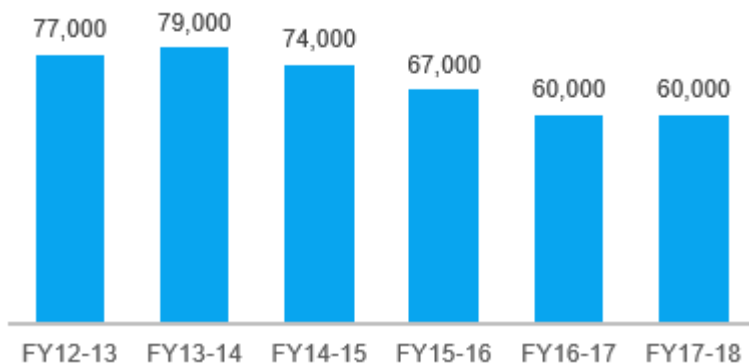


CAPECO envisions the success of every youth, adult, and senior to eliminate poverty and promote independence through education, employment, and the sharing of resources that move individuals from surviving to thriving.

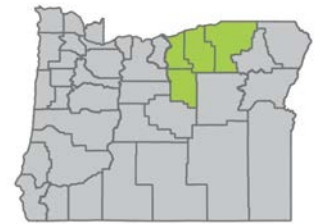
## Receipt by Food Sources



## Individuals served annually (duplicated)



All data based on  
FY 2017-18



Counties served: Gilliam, Morrow, Umatilla, Wheeler  
 capecoworks.org 541.276.5073  
 CAP Agency  
 Allocation (% of Network): 2.28%

## Operational capacity

Warehouse ft <sup>2</sup>	8,624
Freezer ft <sup>2</sup>	800
Cooler ft <sup>2</sup>	576
Refrigerated trucks	2
Other vehicles	1

## Organization capacity

FTE	3.25
Annual budget (Est.)	\$780,000
Volunteer hours donated	3,115.5

## Partner Agency Network

Pantries	14
Meal Sites/Shelters	1
Supplemental agencies and programs	5
Total (% of Network)	20 (1.5%)

## Distribution

Total pounds distributed	1,066,700
(% of Network)	(1.5%)

## Fresh Alliance stores

Total	6
-------	---

## Programs run by the food bank

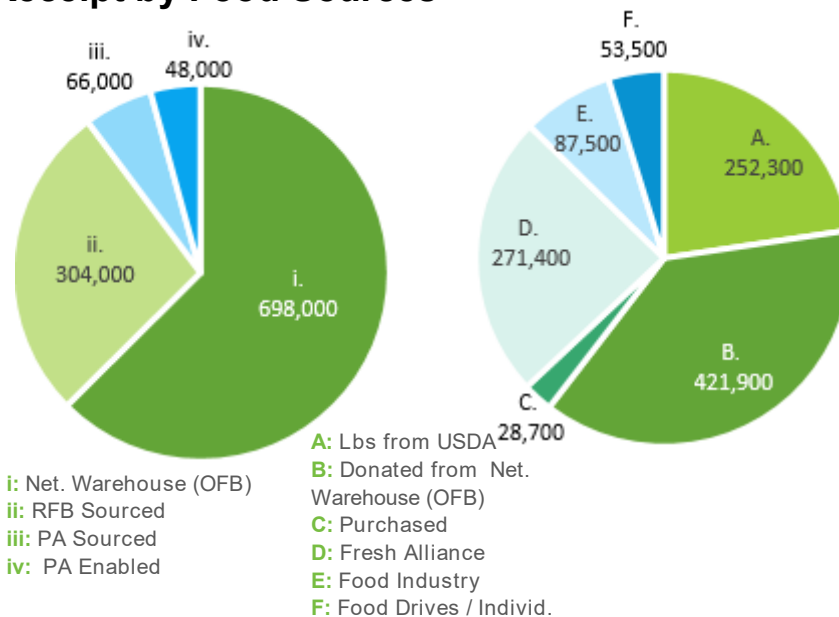
	Produce distributions	✓
	Mobile pantry	
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓

# Community Connection

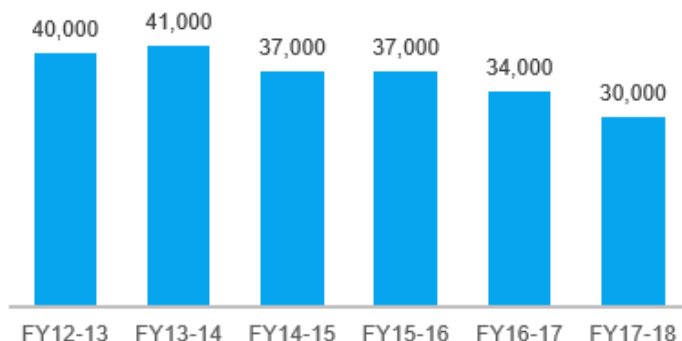


Community Connection of NE Oregon leads the fight to END hunger in Union, Wallowa, Baker, and Grant counties...*because no one should be hungry.* The food bank program provides for low-income households struggling to provide food for their families. Food is received from growers, individuals, stores, and other businesses within our region as well as Oregon Food Bank and the USDA.

## Receipt by Food Sources



## Individuals served annually (duplicated)



All data based on  
FY 2017-18



Counties served: Baker, Grant, Union, Wallowa

ccno.org 541.963.7532

CAP Agency

Allocation (% of Network): 1.38%

## Operational capacity

Warehouse ft <sup>2</sup>	1,860
Freezer ft <sup>2</sup>	324
Cooler ft <sup>2</sup>	247
Refrigerated trucks	1
Other vehicles	1

## Organization capacity

FTE	2.3
Annual budget	\$268,030
Volunteer hours donated	875

## Partner Agency Network

Pantries	18
Meal Sites/Shelters	1
Supplemental agencies and programs	13
Total (% of Network)	32 (2.4%)

## Distribution

Total pounds distributed	984,100
(% of Network)	(1.3%)

## Fresh Alliance stores

Total	5
-------	---

## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	
	Gardens or gardening	
	Cooking or nutrition	
	Advocacy activities	✓

# OFB-Southeast Oregon Services



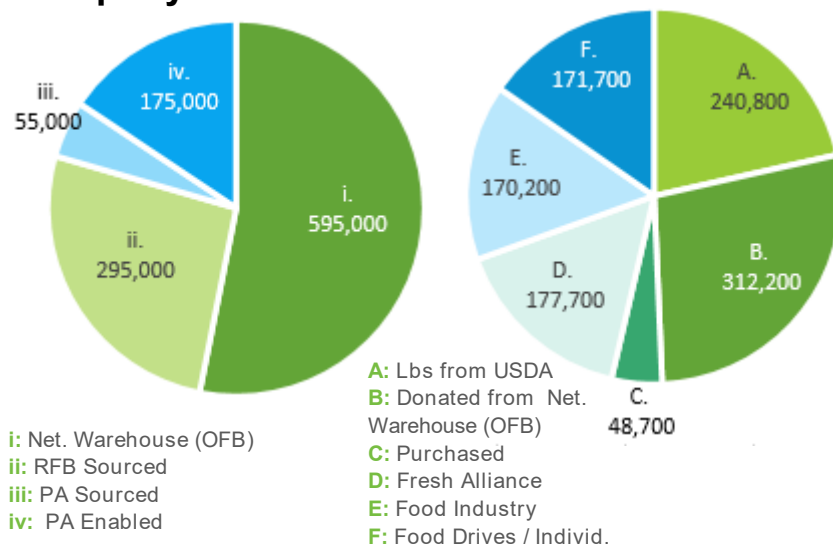
All data based on  
FY 2017-18

Counties served: Harney, Malheur  
oregonfoodbank.org 541.889.9206  
Branch of Oregon Food Bank  
Allocation (% of Network): 1.15%

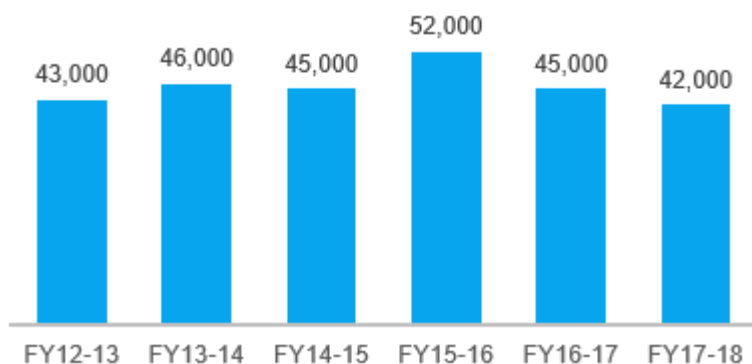


The team consists of Branch Services Manager Sheila Hiatt, Warehouse Specialist Juan Rodriguez, and Branch Operations Lead Chris Cook. Our focus is on ensuring access to fresh, healthy food and providing nutrition education programming for food insecure Oregonians in some of the most rural, remote corners of the state, in some cases travelling more than 130 miles in one direction for deliveries and distributions.

## Receipt by Food Sources



## Individuals served annually (duplicated)



## Operational capacity

Warehouse ft <sup>2</sup>	5,700
Freezer ft <sup>2</sup>	350
Cooler ft <sup>2</sup>	350
Refrigerated trucks	1
Other vehicles	1

## Organization capacity

FTE	3
Annual budget	\$328,776
Volunteer hours donated	456

## Partner Agency Network

Pantries	14
Meal Sites/Shelters	5
Supplemental agencies and programs	14
Total (% of Network)	33 (2.4%)

## Distribution

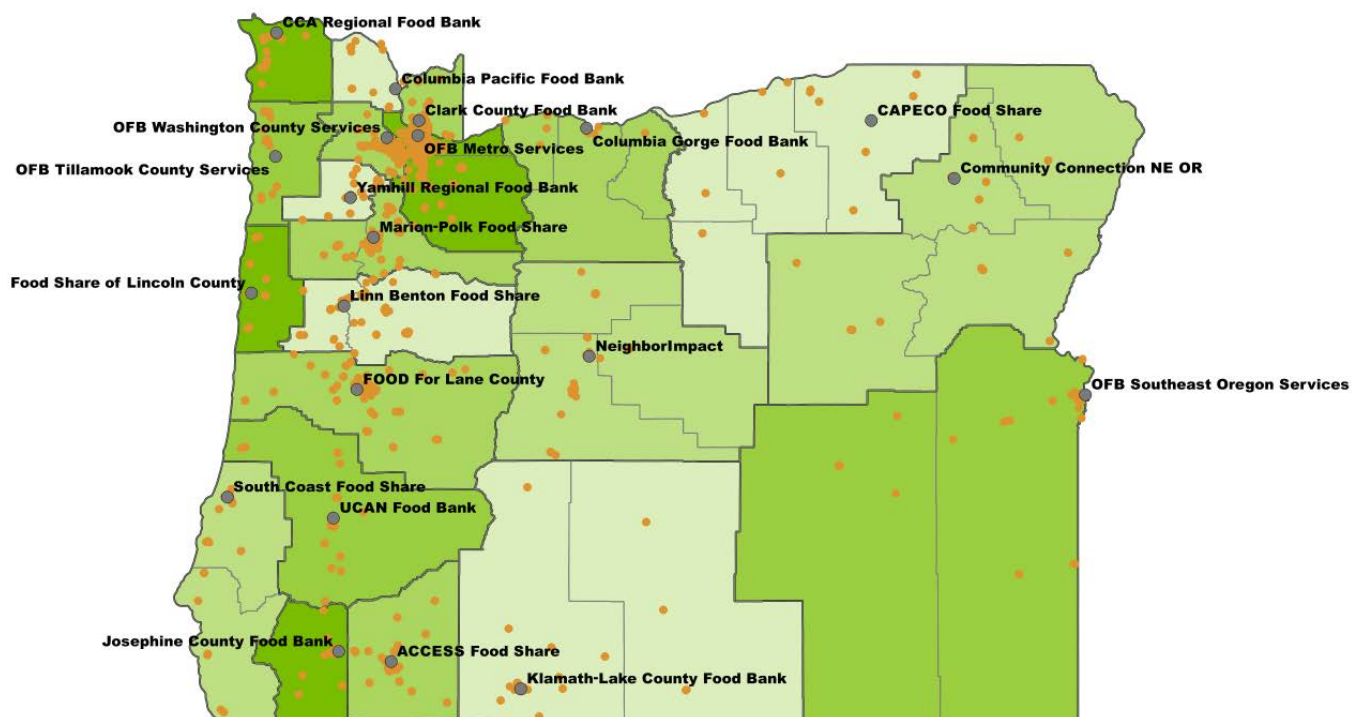
Total pounds distributed	836,325
(% of Network):	(1.1%)

## Fresh Alliance stores

Total	4
-------	---

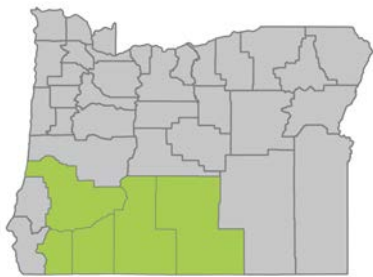
## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	✓
	Gardens or gardening	
	Cooking or nutrition	✓
	Advocacy activities	✓





# Southern Region

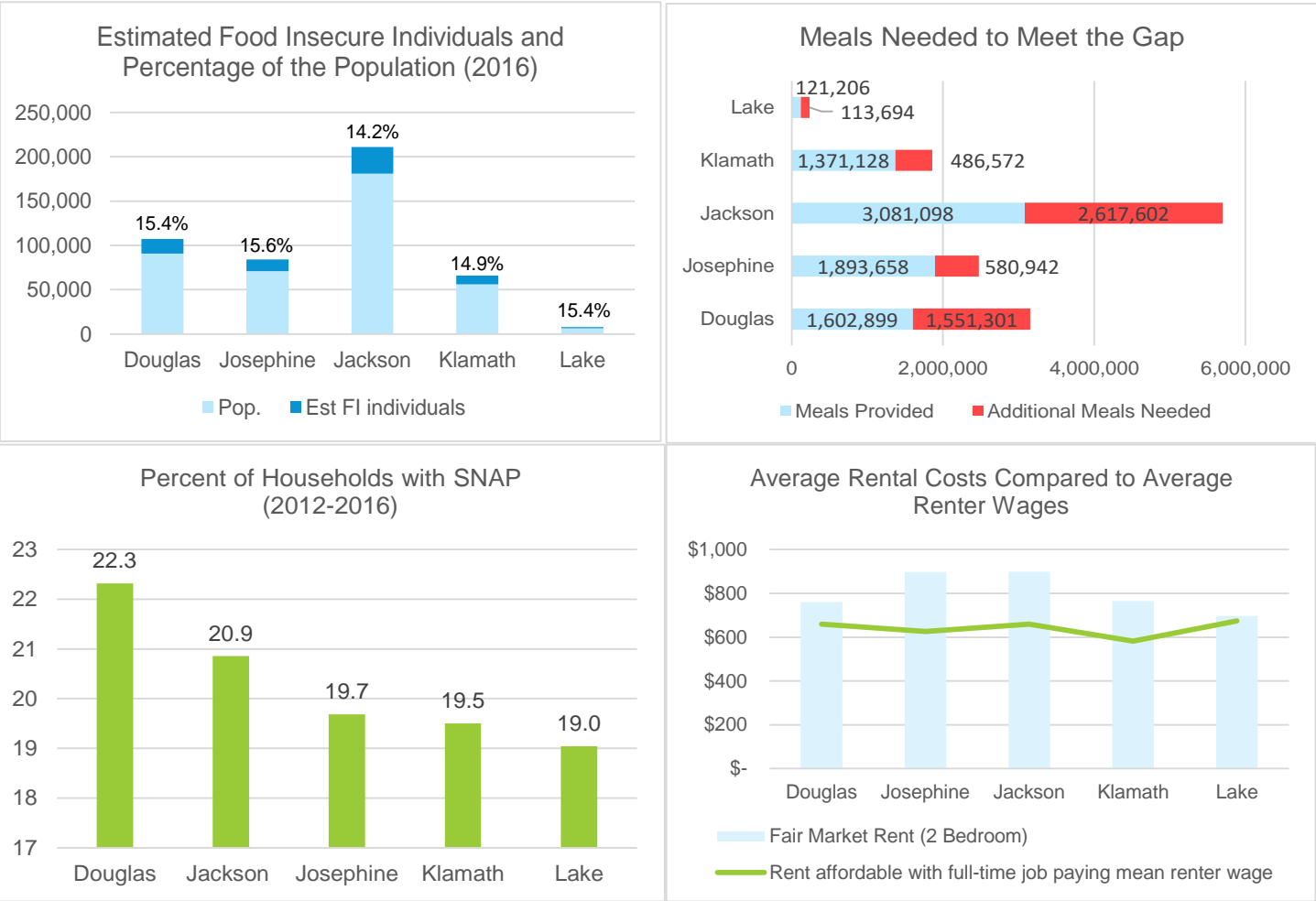


In Southern Oregon, livestock, hay and timber remain important agricultural products. In the Rouge River Valley specifically, wine and fruit production as well as tourism play an important role in local economies.

The following pages showcase some program highlights from our partnerships as well as a handful of key economic and food security indicators.

## Key Indicators

Southern Oregon has had a slower recovery for the recession than much of the rest of the state. Food insecurity rates persist at well above pre-recession levels, and the region as has the highest average food insecurity rates of nearly 15 percent. Roughly one in five households in the region are enrolled in SNAP (food stamps).



*“Affordable” rents represent the generally accepted standard of spending no more than 30% of gross income on gross housing costs.*

Sources (Clockwise): Feeding America, Map the Meal Gap 2018; Feeding American Quarterly Pulse Report Q2 2017-Q1 2018; FRAC analysis of 5-year 2012-2016 American Community Survey data, in collaboration with Punam Ohri-Vachaspati, PhD, RD, Professor, Arizona State; National Low Income Housing Coalition, Out of Reach 2018.

## Fighting Hunger Spotlight: Rouge Valley Food System Network

Oregon Food Bank believes by fostering the development of strong regional food systems we are building the resiliency of a community, and ultimately fewer people will need to turn to emergency food assistance. A strong local food system supports farmers, farm workers and food businesses while boosting the local economy and creating greater access to healthy food. In southern Oregon, the Rouge Valley Food System Network (RVFSN) is leading this charge.

The Rogue Valley Food System Network (RVFSN) believes that good food has the power to foster healthy and happy lives, unify a community and even change the world. The network formed in 2013 in response to a community food assessment. It is comprised of a 15-member council who represent food and farm-based non-profits, Oregon State University Extension, Southern Oregon University, local farmers, creameries, coordinated care organizations, ministries, food banks, grocery stores, and other agencies. Rogue Valley Food System Network endeavors to educate its network of community partners and the broader public about the challenges and opportunities in our food system, foster col-



*The Rouge Valley Food System Network regularly hosts workshops for farmers and food producers in the region, like this session on land use planning.*

laboration and shared leadership, and celebrate Rogue Valley farmers and food artisans. Its multi-pronged approach to achieve this endeavor includes: monthly public programs, facilitation of working groups, producing a local food guide, and a comprehensive website of food system resources.

## Statewide Education Programs and Partnerships:

Our Statewide Education and Community Food Systems teams depend on strong local partners to ultimately achieve our shared goals of building skills and strengthening community connections. Each year these partners help us administer and host cooking, nutrition and gardening classes, community conversations, and develop health care partnerships including food insecurity screening at clinics and deeper interventions such as produce prescription programs or on-site pantries.

County	Health Care Partnerships (# of facilities / # of deeper interventions)	Cooking Matters (# of courses/ # of participants)	Seed to Supper (Garden Education) (# of courses / # of participants)	Community Food Systems (FEAST) (# of community FEASTs or conversations since 2009 (OFB))
Douglas	1 / 0	2 / 11		3
Josephine	12 / 3	3 / 12	2 / 37	1
Jackson	20 / 6	4 / 29	5 / 46	9
Klamath	7 / 0	3 / 22		2
Lake				2

# Access Food Share



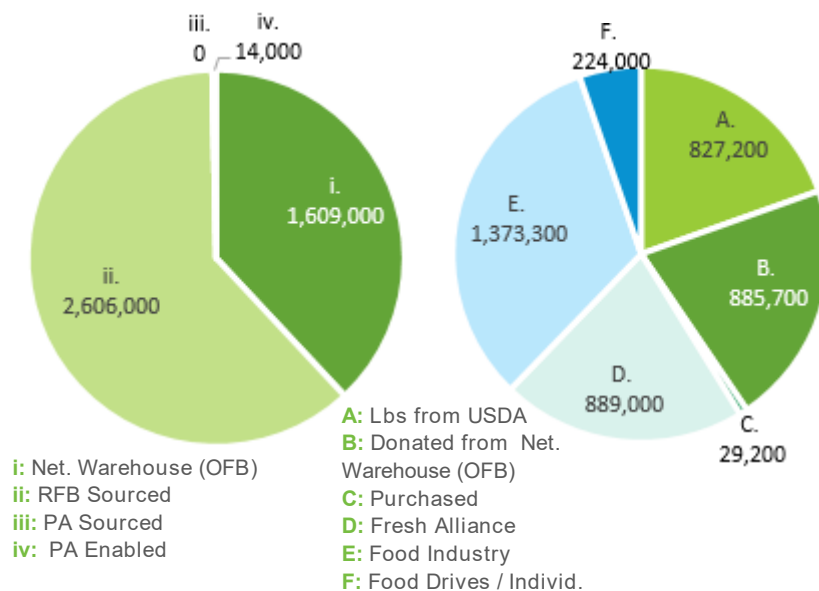
All data based on  
FY 2017-18

Counties served: Jackson  
accesshelps.org 541.779.6691  
CAP Agency  
Allocation (% of Network): 5.64%

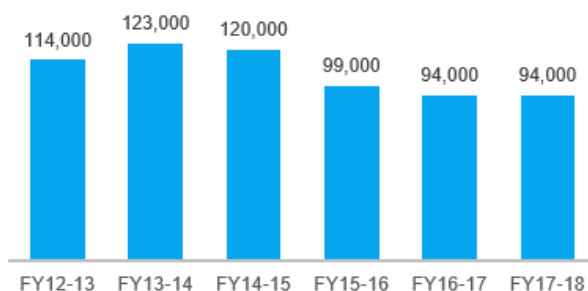


Our Healthy Mobile Pantry truck is giving people with chronic diseases greater access to nutritious food. ACCESS serves households at two sites, La Clinica Wellness Center and Rouge Community Health. Clients are accompanied around the truck by their own personal shopper. Sites are staffed with a health benefits coordinator and a nutrition expert to answer questions. Our Cooking Skills Education program offers cooking demonstrations. Additionally, at Rouge Community Health, a staff person offers blood-pressure checks to waiting clients.

## Receipt by Food Sources



## Individuals served annually (duplicated)



## Operational capacity

Warehouse ft <sup>2</sup>	5,000
Freezer ft <sup>2</sup>	360
Cooler ft <sup>2</sup>	800
Refrigerated trucks	3
Other vehicles	4

## Organization capacity

FTE	10.5
Annual budget	\$946,808
Volunteer hours donated	4,004

## Partner Agency Network

Pantries	25
Meal Sites/Shelters	3
Supplemental agencies and programs	38
Total (% of Network)	66 (4.9%)

## Distribution

Total pounds distributed	3,595,900
(% of Network)	(4.9%)

## Fresh Alliance stores

Total	16
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## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	✓
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓



# Josephine County Food Bank

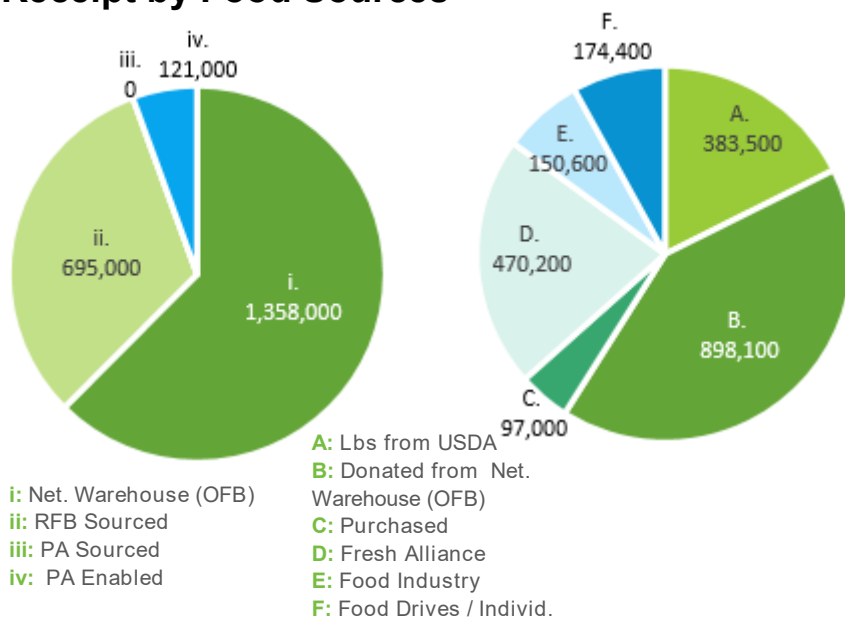


All data based on  
FY 2017-18

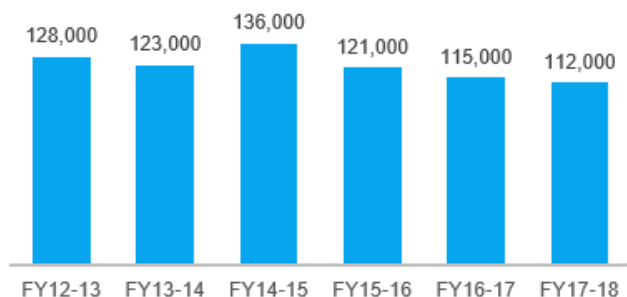
Counties served: Josephine  
jocofoodbank.org 541.479.5556  
Independent Agency  
Allocation (% of Network): 2.41%

The Josephine County Food Bank strives to provide those in need with fresh, healthy food, which is the foundation for both physical health and emotional well-being. As part of that mission, it operates Raptor Creek Farm on a nine-acre plot of land just west of Grants Pass. The farm is but one of the programs at JCFB aimed at improving nutrition while at the same time alleviating hunger. Pictured: Kristin Smith, farm manager of Raptor Creek Farm.

## Receipt by Food Sources



## Individuals served annually (duplicated)



## Operational capacity

Warehouse ft <sup>2</sup>	9,990
Freezer ft <sup>2</sup>	960
Cooler ft <sup>2</sup>	960
Refrigerated trucks	1
Other vehicles	1

## Organization capacity

FTE	7.5
Annual budget	\$590,000
Volunteer hours donated	9,460

## Partner Agency Network

Pantries	7
Meal Sites/Shelters	3
Supplemental agencies and programs	16
Total (% of Network)	26 (1.9%)

## Distribution

Total pounds distributed	2,124,200
(% of Network):	(2.9%)

## Fresh Alliance stores

Total	6
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## Programs run by the food bank

	Produce distributions	
	Mobile pantry	✓
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓

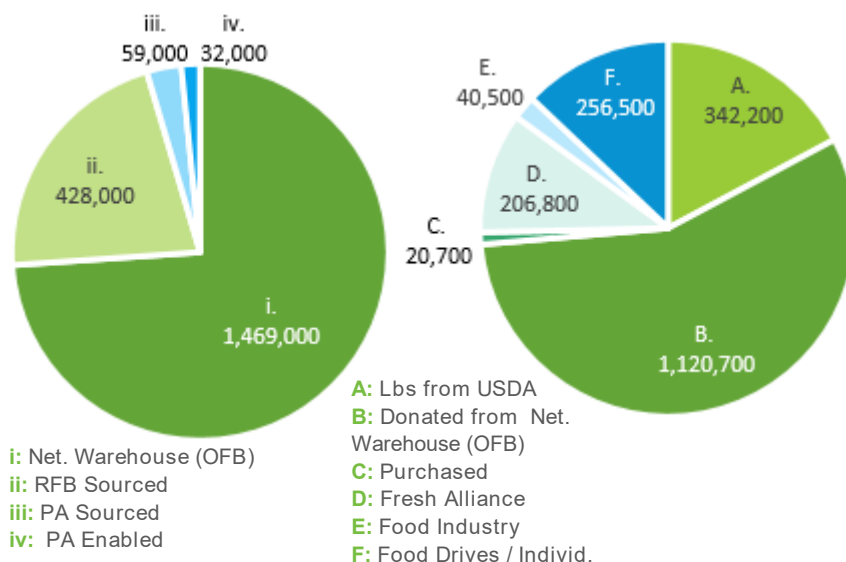


# Klamath-Lake Counties Food Bank

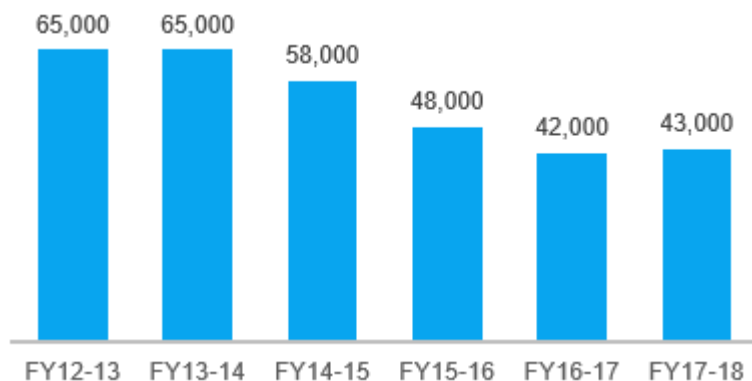


In 2018, with the help of Oregon Food Bank, Klamath-Lake Counties Food Bank volunteers, and our refrigerated truck, we provided nearly 800,000 pounds of fresh produce to families struggling to put food on their tables.

## Receipt by Food Sources



## Individuals served annually (duplicated)



All data based on  
FY 2017-18

Counties served: Klamath, Lake  
klamathfoodbank.org 541.882.1223  
Independent Agency  
Allocation (% of Network): 2.04%

## Operational capacity

Warehouse ft <sup>2</sup>	7,600
Freezer ft <sup>2</sup>	418
Cooler ft <sup>2</sup>	307
Refrigerated trucks	1
Other vehicles	3

## Organization capacity

FTE	7
Annual budget	\$535,000
Volunteer hours donated	2103

## Partner Agency Network

Pantries	15
Meal Sites/Shelters	2
Supplemental agencies and programs	24
Total (% of Network)	41 (3.0%)

## Distribution

Total pounds distributed	1,890,100
(% of Network):	(2.6%)

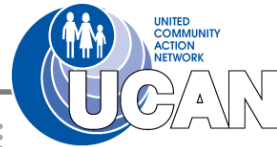
## Fresh Alliance stores

Total	4
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## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	
	Gardens or gardening	✓
	Cooking or nutrition	✓
	Advocacy activities	✓

# UCAN Food Bank



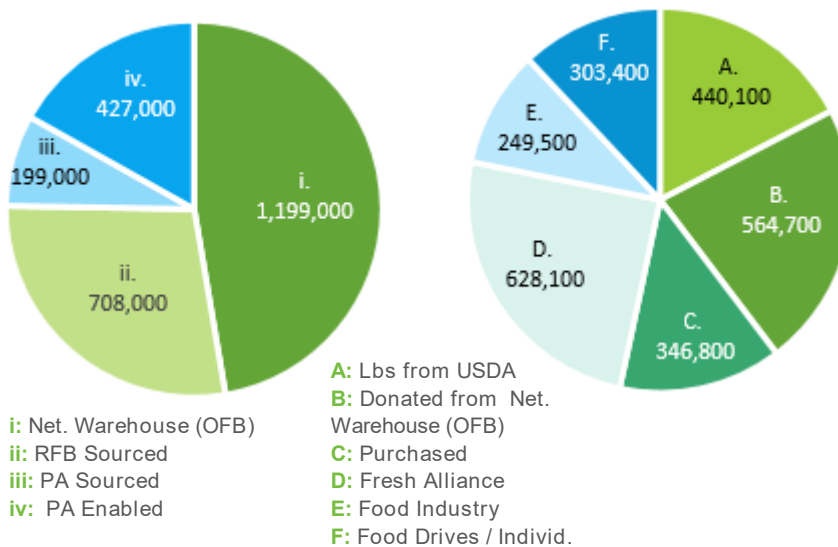
All data based on  
FY 2017-18

Counties served: Douglas  
ucanap.org 541.672.3421  
CAP Agency  
Allocation (% of Network): 2.95%

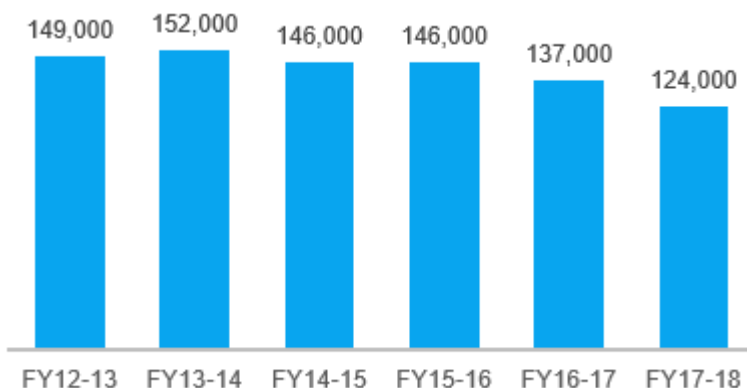


UCAN is one of Douglas County's largest providers of social, health, and education services. The Regional Food Bank, through its network of partner agencies, serves more than one third of the county's population every year.

## Receipt by Food Sources



## Individuals served annually (duplicated)



## Operational capacity

Warehouse ft <sup>2</sup>	8,700
Freezer ft <sup>2</sup>	1,950
Cooler ft <sup>2</sup>	816
Refrigerated trucks	1
Other vehicles	0

## Organization capacity

FTE	4.65
Annual budget	\$533,970
Volunteer hours donated	3,604.5

## Partner Agency Network

Pantries	15
Meal Sites/Shelters	8
Supplemental agencies and programs	23
Total (% of Network)	46 (3.4%)

## Distribution

Total pounds distributed	1,872,600
(% of Network)	(2.53%)

## Fresh Alliance stores

Total	10
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## Programs run by the food bank

	Produce distributions	✓
	Mobile pantry	
	Gardens or gardening	
	Cooking or nutrition	✓
	Advocacy activities	✓

