Gorge Food Insecurity Surveys, Data & Reports

Source Guide

**Background/ overview:**

One of the top priorities of the Direct Service and Engagement Work Group is that its work be informed by voices and participation of food insecure populations, particularly those which our past surveys and data show to be particularly vulnerable to food insecurity. In service of that goal, we have compiled sources in which data, feedback or focus groups have already been conducted, to identify gaps in our knowledge, and act on the feedback that has already been compiled.

The following is a source guide on the data, surveys and reports available regarding food security among and feedback from various populations in the Gorge. The full reports are contained in a google drive folder shared with members of the Direct Service/ Engagement work group. To request access, please email Liz Oberhausen at [liz@gorgegrown.com](mailto:liz@gorgegrown.com).

**We have information on the following populations:**

General

Inadequate Transportation\*

Kids/Youth

Latinxs

Native Populations/Tribes

People with disabilities and their caretakers

Producers

Seniors

\*The issue of transportation is touched upon in many of the documents listed. To avoid renaming all of documents in the General Population folder, one might simply use the search (ctrl + F) function with the keyword: “transportation.”

**We lack information on:**

Homeless population

Most comprehensive surveys:

CHA 2016 Summary- this report summary provides extremely helpful visuals and population breakdowns by general population, vulnerable population, adults, vulnerable adults and youth.

The CHIP Listening Session Findings document seems to be the most comprehensive document on general health and well-being for nearly all of the populations experiencing hunger. However, it only conducted sessions in Hood River, Wasco and Klickitat counties.

Gorge Wide Food Survey Results- conducted in May of 2015 by Columbia Gorge CCO Consumer Advisory Council. 1956 households were surveyed and broken down into more specific demographics and correspond with the actual population of food insecure people.

***General population***

CFS Indicators Report- Conducted in 2016, this report was authored by Meyer Memorial Trust in partnership with fifteen local organizations and takes a comprehensive look at trends in the food system in Oregon. All counties are set in tables comparing their overall Community Food Systems Indicators out of 100%. Hood County River ranked relatively high. Wasco and Sherman were also ranked, though lower than HR. Skamania and Klickitat were not included.

CHA 2016 Summary - Though the findings of this report are also summarized by the slides in the document described below, this report summary provides extremely helpful visuals and population breakdowns by general population, vulnerable population, adults, vulnerable adults and youth. 1 in 3 members of the youth population are overweight or obese. 1 in 4 Latinos face barriers to transportation.

CHA Slides for 10-11-16- 2016 Gorge Wide Community Health Assessment is representative of seven counties with over 1200 respondents. This survey measured progress by comparing data with 2013 results. Some takeaways include rising housing needs, rising transportation needs, and a decline in adult health status- more than half of the respondents are overweight or obese and have a least one chronic health condition.

CHIP Listening Session Findings- prepared for the Community Advisory Council by Lindsay Miller Consulting, LLC and Sandy Sheinberg Consulting. Targeted recruitment engaged youth, medicaid recipients, mental health service recipients , seniors, Native American, Latino and LGBTQ+ populations.

Community Health Assessment 2014- Various local organizations came together to create our first integrated Columbia Gorge Regional Community Health Assessment. Together, we have been able to combine social and economic conditions with key healthcare information to build a prioritized set of needs for the region and identify unique needs in specific locations or populations.

CRG CFA 2007-2010- Gorge Grown Food Network partnered with Klickitat, Skamania, Wasco, Sherman and Hood River Counties to conduct the assessment. The report discusses food access, transportation barriers to food, makes recommendations for food skill building, presents many economic benefits of making local foods more widespread and helpfully lays out data for all five counties into one table for each category.

Feeding America Report from Hood River, Sherman and Wasco County- These reports offer very general charts on how each county’s rate of food insecurity and eligibility for food assistance programs like WIC and SNAP compare to those of the individual counties.

Gorge Wide Food Survey Results- conducted in May of 2015 by Columbia Gorge CCO Consumer Advisory Council. 1956 households were surveyed and broken down into more specific demographics and correspond with the actual population of food insecure people.

Veggie RX Report- The Center for Outcomes Research and Education (CORE) along with The Next Door partnered to conduct a community-based participatory evaluation of the Veggie Rx program. 3 focus groups were conducted in Spanish and 3 were conducted in English. Direct quotes are included and help provide a cultural understanding of food fort those receiving Veggie Rx.

Wasco, Sherman & Hood River County- 2016 Community Food Systems Assessment - These contain data on Food Environment, Community Capacity, Farm Base and Market Linkages. Each has the bulk of its information on producers.

***Homeless***

There is a good deal of data surrounding the issue of affordable housing, but no one survey or data collection method specifically targeted the homeless. Perhaps if the surveys are divvied out to group members, the FSC can extract data and information from existing files in the shared folder that might relate to this population.

***Inadequate Transportation***

Note: Data from many of the reports listed but not filed under Inadequate Transportation describe Skamania, Klickitat and Sherman counties as having significant transportation barriers. According to the CRG CFA completed in 2010, portions of each county have to travel over 25 miles to reach a grocery store: 29%, 27% and 89% respectively.

Food Security in Klickitat County- Produced in summer of 2009 by Lauren Fein, MPHc, Health Promotion & Education intern for Klickitat County Health Department. Nearly 20% of Klickitat residents worry about where their next meal comes from. This report emphasizes local grocery and convenience stores being the first line of defense against food insecurity. The USDA asserts that a family of four can feed themselves on their Thrifty Meal Plan for as little as $580 per month. The average cost to follow that meal plan in Klickitat county is $1040.

***Kids***

CHA 2016 Summary- this report summary provides extremely helpful visuals and population breakdowns by general population, vulnerable population, adults, vulnerable adults and youth. 1 in 3 members of the youth population are overweight or obese.

CHIP Listening Session - prepared for the Community Advisory Council by Lindsay Miller Consulting, LLC and Sandy Sheinberg Consulting. Quotes from and data taken on youth are available throughout the document and on page 32 specifically.

White Salmon Pre-school and Elementary School - This document gathered in October of 2017 contains insight from Mandi Rae Pope, a resident of white salmon with young children. She says the preschool director there “would be more than happy to have a pantry in the school.” She also says, Overall: It seems that people understand the scope of the hunger issue. Schools are eager to get direct services offered. Now, we just need to figure out how to get it together on the WA side. Maybe we start with a huge bulk up in the backpack program that is already in place?”

***Latinxs***

\*Many reports and surveys in the shared folder include the Latinx population. Those listed below have the most information.

CHA 2016 Summary- this report summary provides extremely helpful visuals and population breakdowns by general population, vulnerable population, adults, vulnerable adults and youth. 1 in 3 members of the youth population are overweight or obese. 1 in 4 Latinos face barriers to transportation.

CHIP Listening Session - prepared for the Community Advisory Council by Lindsay Miller Consulting, LLC and Sandy Sheinberg Consulting. Quotes from and data taken on Latinxs are available throughout the document and on pages 14,18,19 and 23.

Community Health Assessment 2014- Various local organizations came together to create our first integrated Columbia Gorge Regional Community Health Assessment. Together, we have been able to combine social and economic conditions with key healthcare information to build a prioritized set of needs for the region and identify unique needs in specific locations or populations.

Veggie RX Report- The Center for Outcomes Research and Education (CORE) along with The Next Door partnered to conduct a community-based participatory evaluation of the Veggie Rx program. 3 focus groups were conducted in Spanish and 3 were conducted in English. Direct quotes are included and help provide a cultural understanding of food fort those receiving Veggie Rx. There are quotes and/or data regarding Latinos on pages 14,15 and 25.

***Native Populations/Tribes***

CHIP Listening Session -This was prepared for the Community Advisory Council by Lindsay Miller Consulting, LLC and Sandy Sheinberg Consulting. It has very pertinent information on page 37.

Community Health Assessment 2014- Various local organizations came together to create our first integrated Columbia Gorge Regional Community Health Assessment. Together, we have been able to combine social and economic conditions with key healthcare information to build a prioritized set of needs for the region and identify unique needs in specific locations or populations.

***People with Disabilities and their caretakers***

CHIP Listening Session -This was prepared for the Community Advisory Council by Lindsay Miller Consulting, LLC and Sandy Sheinberg Consulting. It has very pertinent information on pages 14 & 18 (and probably in other places throughout).

***Producers***

2012 Hood River Ag census- County-wide data on producers, demographic breakdown of farmers, and data on crops/livestock.

Farm Survey Results- This report is a slide presentation of results collected from local producers to see if needs are being met. Tables and charts are helpful.

Gorge Producer Survey Preliminary Report- August 2017. Charts and tables easily organize information about how farmers feel their needs are being met and gauge their interest on how production can be improved.

Gorge\_Ag\_Presentation - This is a slide presentation made by Sarah Sullivan. It’s purpose seems to be to promote the benefits of local agriculture in the Gorge. Statistics are given for each of the five counties: HR, Wasco, Sherman, Klickitat and Skamania and are dated to 2012.

***Seniors***

‘Food Access’ is insight from Sharon Carter, Director Klickitat County Senior Services/Mt. Adams Transportation. It is not survey data, but qualitative information from someone who works with the senior population.

2016-2019 Area Plan Combined Survey Results is a document detailing the results of a survey that was done in 2015 by our AAA which is the Area Agency on Aging and Disabilities of Southwest WA in Klickitat County as part of the Area Plan Planning. The population sample is older adults 60+ and nutrition information as well as transportation issues are discussed.